

The Call to Pray

Holy God Prayer

“The Word Became Flesh a Gift of Love”

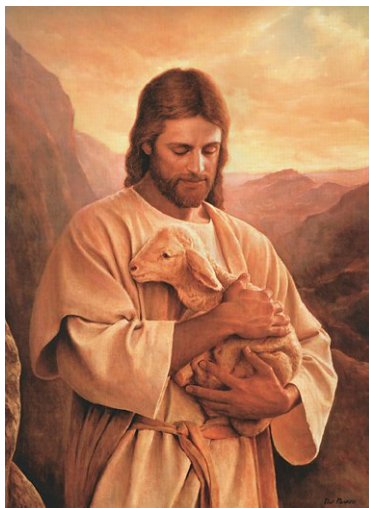


Crown of Victory

“Prayer and the Word of God”

“The Keys to the Kingdom of Heaven”

Mental interactive prayer, from the flesh to the spirit of love and truth.



Heaven on Earth

Ask and you shall receive, for we are children of God!

“As the father has sent me, I send you; receive the Holy Spirit” (John 20:21,22)

By: John Arthur Paul
(aka Holy Spirit) 83

FATHER

SON

HOLY SPIRIT

FAITH

HOPE

LOVE

The Call to Pray

The Promise from our Father

The words that I am sharing come forth from my father, through the gifts of the Holy Spirit.

For all my children who ask for the Holy Spirit and take up the cross of Love every day, will be transformed from one glory to the next and receive their full inheritance as children of God!

These prayers are for all people; of all religions, for God does not see his people as just one religion. For we are all one in the house of God; One body thru Jesus Christ; for the Holy Spirit has been given to all who ask.



To enhance your prayer life. Praying with your mind, body, and spirit. Prayer workshops, for groups, couples, and individuals. Please e-mail to set up a prayer workshop.

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The Day the World Changed, The Call to Pray, The Life and Passions of Jesus

The Sacred Heart of Jesus order of Apostles of Prayer for the Laity.

Our Lady of Life, The Call to Pray the Life and Passions of Jesus Prayer

Our Lady of Life order of Apostles of Prayer for the Laity

Daily Prayer, Receive the Holy Spirit

Ascending and Descending the Mountain of God, Receive the Holy Spirit

All the writings, scriptures, and statements were done in prayerful adoration and reflection on the word of God. The Gifts of the Holy Spirit through the Father and Son, Our Blessed Mother Mary and the Bible, St. Joseph edition. Spiritual works and writings from Saints, who lived their lives to Love and serve God. Such as: St. John of the Cross, St. John the Baptist, St. Peter, St. Paul, St. John, St. Therese, the little flower, St. Teresa of Avila, St. Dominic, St. Francis, Blessed Teresa of Calcutta, and Father Gabriel. Acknowledgment for help in editing pictures and content by Kathleen Walkovich, Tina Pirlot, Lou Garard, Art Alonso, Father Isaac Fynn, Burt Nehmer, Mareta Childs, and James Kern. We would like to thank Our Mother of Sorrows Catholic Church and Msgr. Thomas Cahalane; for their ongoing support and prayers.

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Preface/Praying with the Holy Spirit

Prayer is your own individual relationship with God. So pray every day for God to lead the way in your daily life; through the love of Jesus and the Gifts of the **Holy Spirit**. Pray your own personal prayers, or pray the **Holy God Prayer**, but most of all pray! For prayer is like water to a plant, we must pray in order to grow and receive our full inheritance as children of God! So pray daily and invite the **Holy Spirit** into your life; by praying the **Holy God Prayer** each day, which is made up of three prayers listed below. The **Holy Spirit Prayer**, **The Holy Jesus Prayer** and the **Holy Trinity Prayer**. Taking up your cross and walk with **Jesus** on **the way of the cross**, so you can go out every day to witness with **love** as apostles of Prayer, for the salvation of souls. These 3 prayers that make up the **Holy God Prayer** in this book, have been poured into my heart through the Holy Spirit, from God our Father. That I have been told to share with all people. For we must learn to receive love in order to give love! "For what we have received freely we are to give freely, **Love**."

Holy Spirit Prayer

To receive our inheritance as children of God! The Gifts of the Holy Spirit; that lead us, protect us and calls us to serve others. To give freely to others what God has given to us. "**Love**". For the Salvation of Souls and the Glory of the Kingdom of God, "**for if we ask we shall receive**."

Holy Jesus Prayer/Receiving the Gifts of the Holy Beatitudes

The beatitudes are a gift from God, the 8 spiritual commandments of love. which calls us and tells us how we need to **Be** in our daily lives, with the **attitude** of **Love**; **Be-attitude**. That will lead us to the truth and comfort us with the Gifts of the Holy Spirit on our daily journey; as we seek Christ in all things and all people; to put on "**Love**", that is, the bond of perfection (Col 3-14) The Beatitudes will also help prepare us to carry our daily cross, as we walk with Jesus on **The Way of the Cross**.

Holy Trinity Prayer/The Way of the Cross/ Receiving the Gift of Love

Walking with Jesus every day on The Way of the Cross, helps you empty yourself; so that "It is no longer "I" who live; but Christ who lives in me," for the Life I now live in the flesh, I live by Faith in the son of God; who has loved me so much, he gave himself to be crucified and die on a cross for me; so I may be one with him. May I carry my cross each day with Christ; to love my brothers and sisters as I love myself, and give freely to others what Christ has given to me. "**Love**"!!!

Holy God Prayer

Praying all three prayers above as one continuous prayer. Breathing in the gifts of the Holy Spirit. Listening to Jesus on the Sermon on the Mount. Walking with Jesus on the way of the cross to awaken anew every day.

You can pray one or two of the prayers listed above, start with the opening prayers and finish with the closing prayers. So in reality you have a choice of seven different prayers every day. To be transformed and made anew every day.

Holy God Prayers/How it Came to Be The Holy Spirit Prayers/The Way of the Cross

All three prayers have been done over the last eight years. These prayers came to me through the **Holy Spirit** during my daily meditation and prayer time throughout the years. My hope is to pass on what my **father** has put in my heart to share with all; the power of **prayer** and the **word of God**.

There are several forms of prayer that are captured in these prayers. Silent prayer, vocal prayer/group prayer, scriptural prayer, mental prayer, centering prayer, and contemplative **Holy Spirit** prayer. **Prayer and meditation are a spiritual response to a human condition!**

Our goal is to always grow in our faith and our prayer life. We need to incorporate all of our faculties and senses that come forth from our humanity, and of the world, and merge our flesh with the spirit for balance and harmony; to be one with God. Jesus tells us we must die to self and be reborn, we must decrease and the **Holy Spirit** must increase. For this can only be done through the grace and love that come's forth from our Heavenly Father. Our Father promises, if we ask we shall receive the Gifts of the **Holy Spirit**, as we walk with Jesus on our daily journey.

We need to understand how to marry our physical and spiritual selves together. Most people only live one dimension of their lives, which is the physical. We need to be awakened to our spiritual being, for we all are children of God; we are human and divine. So let's ask our **father** every day for the gift of love, the **Holy Spirit** which will be poured into our hearts every day if we ask. Remember we will always receive the **Holy Spirit** in the measure we are open to receive the **Holy Spirit**.

There will be many times our pride and ego will get in the way, keeping us from receiving the gifts of the **Holy Spirit**, that our **father** has for us each and every day. That is why we need to live one day at a time. For **Jesus** tells us there is enough worry for today; let tomorrow worry about tomorrow. Live today, and love today, for that is all we really have.

There are many forms of Prayer and all prayer is good. The more we pray and meditate the more we will grow in our faith and love for others. Now we need to open our mind and heart to practice the different forms of prayer and meditation. Learning how to breathe, when breathing in the gifts of the **Holy Spirit**. For myself, I like to breathe in through my nose and exhale through the nose; with my eyes closed. This brings me into a place of peace and quiet; it helps quite the mind which in many cases can become our worst enemy, when trying to listening to the **Holy Spirit** through our prayers and the **word of God**.

These three prayers that come to you by the **Holy Spirit** are for our daily journey. As we walk with Jesus he will transform our lives, if we do them on a daily basis. Why? Because if you ask your father for something so good, and what he has promised all his children throughout history, would he not give you all this and more. **For I am just a messenger called to spread the word of God and The call to pray!** So if you cannot believe or understand, then take the challenge to pray and meditate for 40 days and listen to the **Holy Spirit**. For I was promised by my heavenly Father that all who ask for the **Holy Spirit** and take up the cross of love every day, will be transformed from one glory to the next and receive their full inheritance as children of God! Your Father has many gifts to give you on your journey through life, as a child of God; receiving your divinity. Should we not go every day to the greatest source and teacher of love and truth; ask and we shall receive the **Holy Spirit!**

Holy Spirit Prayer

This prayer came to be during a prayer session on January 1st, 2009. There was a voice inside of me that called out; "I am the voice of one crying out in the desert, make straight the way of the Lord." (John 1:23) So the prayer of the **Holy Spirit** came to be.

This prayer is a very simple prayer. It is based on the seven gifts of the **Holy Spirit** and breathing in each gift of the Spirit after each mantra. Using a mantra is a word or phrase used to draw you into a deeper meditative prayer by quieting our faculties and senses, by using breathing techniques and closing your eyes. This will draw you more into mental prayer, centering prayer, and contemplative **Holy Spirit** prayer.

Holy Jesus Prayer/Receiving the Gifts of the Holy Beatitudes

This prayer came to be January 1st, 2010. The **beatitudes** are a spiritual gift from our father through his beloved son, Jesus. In the Old Testament we have the 10 commandments of the law that were given for our flesh and how to live in this world. The **beatitudes** are our 8 spiritual commandments of love, so we can live by the law of the Spirit of love. The beatitudes are our spiritual essence, that is to be woven into our flesh, so that we become one with our heavenly father, as children of God! Blessed is the righteous man, for he is a law unto himself; for the fruit of the spirit is **love** and for such there is no law!

Holy Trinity Prayer/The Way of the Cross/Receiving the Gift of Love

This prayer came to be after the 911 terrorist attacks in 2001. Taking up the cross of love everyday with Jesus and walking with Jesus every day. This prayer has changed over the many years, it now has a mantra, the Gifts of the Holy Spirit, after each meditation. These prayers are very interactive, so we can dialog back and forth with Jesus as we prepare to go out into the world every day. **To live and love our faith and share it with others, by giving to others what has been given to us, "Love".**

Holy Trinity Prayer, is made up with **14 passions of the cross** and one closing prayer at the end, which is based on the spiritual armor prayer from Ephesians 6:11-17. The **Passions of the Cross** have a prayerful reflection or a scriptural reference to go with each passion. When you finish each passion, you breathe in the gift of the **Holy Spirit** within yourself and then proceed to the **Forsake of Prayer**; to draw you into walking and receiving the Holy Spirit with Jesus every day.

This prayer has the same two prayers that go with **each passion of the cross**. The **Eternal Father Prayer**, of praise, love and gratitude for the atonement of all of our sins and those of the whole world. When praying the **Forsake of Prayer** after each passion, close your eyes and breathe in the Gift of the Spirit, after each prayer. To quiet and center yourself as you walk with Jesus. This is a very powerful prayer to help us realize that we can do nothing without our **heavenly father**, if we wish to seek the kingdom of God. So we may return, love for love, as children of God. All the gifts we receive from our father on a daily base are to be returned and given to others. For we are only doing what we should be doing as children of God every day. So don't expect any special praises from others; our reward is, when we have fought the good fight, kept the faith, shared our faith, returned love for love. Then we shall finish the race and return home to our **heavenly father**.

This is our opportunity in the physical and spiritual realm of things to begin our journey home here on earth. So we may have a small taste of heaven on earth, as we begin our purification process in our physical body; becoming one with our spiritual being. For we are all human and divine as children of God!

Holy God Prayer

Holy God Prayer, Praying all three prayers listed on page 6, as one continuous prayer, It is a 3 part prayer, ask, seek, knock (LK 11,9-13) (the three become one). We start with the opening prayers of the **Holy God Prayer**. Then proceed forward to the **Holy Spirit prayer**. Doing each gift of the Holy Spirit and Mantra one or three times (group prayer three times). Then we proceed to the **Holy Jesus Prayer**, the Sermon on the Mount. Listening to Jesus, receiving the gifts of the Holy Beatitudes. The beatitudes are a spiritual blessing, that is to be woven into our physical essence; allowing us to become one in our humanity and our divinity. We continue on to the 1st beatitude with a prayerful meditation, praying the mantra and (breathing in the gift of the Holy Spirit; private prayer). Then we proceed to the **Holy Trinity Prayer**, **Passions of the Cross**. The cross of sorrow and the cross of love, walking with Jesus in our daily lives, preparing to go out into the world today! Saying the meditation and breathing in the gift of the spirit after each passion, praying the **Forsake of Prayer** one or three times as you Proceed to the end of the passions, we then do the closing prayers. There is no right or wrong way to pray. Prayer is meant to draw us into a love affair with God. We need to listen and learn to love much and not think much when we pray. **“I must decrease and he must increase.”** (John 3:30).



The Call to Pray

Remember!!

Who Loves ya Baby!!!

Jesus

Holy God Prayer/Group or Individual

For group prayer: The announcer says all the parts not in green. The group says all the parts in green, when praying the mantra, you pray three times. You will not close your eyes or breathe in the gifts of the Holy Spirit, or the mantras. **For individuals,** pray all the Gifts of the Holy Spirit, Prayers and Mantras, silently to yourself, you can substitute your own Mantra, as you pray and meditate on the Gifts of the Holy Spirit. Then you will pray the beatitudes and walk on the way of the cross. **When praying each mantra; close your eyes if you want, pray one or three times. When the mantra is completed, the individual, breathes in the gift of the Holy Spirit, through your nose and then exhale, repeat for each mantra. For individual prayer (breathe in) and (exhale) the mantra, for deeper meditation to quiet and center one's self to be one with God.**

Suggested Prayers to be used for the Holy God Prayer on page 10

Mantras: (Pick one, use all three, or use your own ref: page 21 , for individual or group Prayer)

“**For the love of God**”, “**and the Salvation of souls.**” (Eyes closed, breathe in, Gift of the Spirit)
(Breathe in) (Exhale)

“**For the love of Jesus**”, “**and the Salvation of souls.**” (Eyes, closed, breathe in, Gift of the Spirit)
(Breathe in) (Exhale)

“**For the love of the Holy Spirit**”, “**and the salvation of souls.**” (breathe in, Gift of the Spirit)
(Breathe in) (Exhale)

The Holy God Prayer is made up of three Prayers, prayed consecutively as one prayer. You can choose to pray, one or two of the prayers. So in reality you have a choice of seven different prayers every day. To be transformed and made anew every day.

When I pray the Holy God Prayer, I say the mantra one time, eyes opened. If I do the mantra three times, I like to open my eyes for the first mantra, eyes closed for the last two. Breathing in the gift of the spirit after each mantra. You will notice a difference when you breathe in a mantra with eyes open or eyes closed. This is the part as individuals, you need to experiment, to find that inner harmony, resting in the spirit. “**Body, Mind, and Spirit.**”

When breathing in the gifts of the holy spirit, I like to close my eyes, breathe in half the word and exhale the rest. When I breathe in multiple words, I breathe in the first word and exhale the rest. This is something you will want to experiment with. Whatever makes you feel connected to God, allowing the Holy Spirit to flow through you, to be one with the Father and the Son and the Holy Spirit.

Gifts of the Holy Spirit

Fear of the Lord Knowledge Counsel Fortitude Understanding Piety Wisdom



Apostles of Prayer/Daily Consecration

By doing the vow of consecration; giving of yourself freely, for the Love of God and the salvation of souls. God is rejoicing in heaven, because you are giving of your own free will; an act of true love. God has Grace upon Grace to give you, so embrace the gifts you receive from him and give freely to others what God has given to you. So if you wish to become an **Apostle of Prayer**, you will become one. **“For we are all called; as children of God”.**

(Close your eyes) **“for the love of Jesus,”** (Breathe in) **“and the salvation of souls.”** (3 times, or more if needed) (Exhale)

(Apostles of Prayer/consecration) I love you Jesus with all my heart, I offer all my prayers for the salvation of souls, the conversion of hearts, the gift of life and the right for life, for all people who have no one to pray for them. For our priest and vocations to the priesthood. To my beloved Jesus, I offer all I am and all I will be for your Glory; your Love; may your will always be done Lord, not mine. May my heart always be yours; to be a servant to all, along with all the graces and gifts you give me; may I give them freely to others. Help me to pray every day, for you are the source of prayer, may my soul always proclaim the greatness of the Lord; though **Faith, Hope,** and **Love**. Grant me the Love, Protection, and Guidance of the **Holy Spirit** as we serve and Love our brothers and sisters as **Apostles of Prayer**; **“In the name of Jesus, Amen”**

(Close your eyes, Breathing in) **“for the love of Jesus,”** (exhaling) **“and the salvation of souls.”** (Three times)

Have Mercy on me, God, in your goodness; In your abundant compassion blot out my offense. O wash me more and more from my guilt and cleanse me from my sin. My offenses truly I know them; my sin is always before me. Against you, you alone, have I sinned; what is evil in your sight I have done. Indeed, you love truth in the heart; then in the secret of my heart teach me wisdom. O purify me, then I shall be clean; O wash me, I shall be whiter than snow. From my sins turn always your face and blot out all my guilt. A pure heart create for me, O God, put a steadfast spirit within me. Do not cast me away from your presence, nor deprive me of your **Holy Spirit**. Give me again the joy of your help; with a spirit of fervor to sustain me that I may teach transgressors your ways and sinners may return to you. O rescue me, God, my helper, and my tongue shall ring out your goodness. **Father, open my lips and my mouth shall declare your praise, do not spurn a broken and humbled heart.** (Ps:51,1-17cf) In my silence I find the living and beating heart of Jesus.

May God look upon me today as I pray and see his beloved Son in me, and be pleased to grant me the keys to the kingdom of Heaven today. So that I may go out today and return love for love; through the out-pouring of the **Holy Spirit** to transform me; so that I may be one with the Divine Will of God, as I cry out, **“Speak Father, for your servant is listening.”** (1 Sam3:9 cf) **Here I am, send me!”** (Is 6:8 cf)

“In the name of Jesus Amen” (John 14: 4, 6, 14 cf)

(Close your eyes, Breathing in) **“for the love of Jesus,”** (exhaling) **“and the salvation of souls.”** (Three times) (add your own mantra, ref: page 21)



Holy God Prayer/3 Prayers/Ask, Seek, Knock Holy Spirit Prayer

“Ask, and you will receive, as children of God” (LK 11:9,13 cf)

“Be perfect as your Heavenly Father is perfect, love is the bond of perfection” (Mt 5:48, Col 3:14 cf)

1. **In the Name of Prayer** (Pray one time)

“We pray, In the name of Jesus. Amen.” (eyes closed, breathe in three times, receive the holy spirit)(Jn 20:21, 22 cf)

2. **Our Father Prayer** (Pray one time) OUR FATHER, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Daily Prayer Intentions: To receive our inheritance as children of God! The Gifts of the Holy Spirit; that leads you, protects you and calls you to serve others. To give freely to others what God has given to you. “Love.” Father send the Holy Spirit; to open our hearts and minds; to be one with your most beloved Son Jesus. That we may not just see with our eyes, but with our hearts and walk with the Holy Spirit to be consumed with the fire of love, so that our flesh and spirit may become one with your will! “Father not my will, but your will be done.” (Luke 22:42)

Father we lift up our prayers to you, along with (name) and all those who call out to you; with your love and heal the soul and mind; from the sins of thy flesh; for our spirit longs for your love every day. Help us to listen; for you call us every day to awaken anew; to be transformed daily by the love of the Holy Spirit, the Spirit of “Love” and Truth(Col 3:1-11 cf). As we walk with the Holy Spirit and rejoice in the flesh for the Gift of Life; as the flesh and the spirit become one within, in union with God; the Father and Son! May all our prayers and actions today be for The Salvation of Souls and the Glory of the Kingdom of God. In the Name of Jesus, AMEN. (Ref page 32,33,34)

3. **Holy God Prayer** (pray three times) (individual prayer, eyes closed if you want)

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world
(add your own mantra ref; page 21)

4. **O My Jesus Prayer** (Pray one time) O my Jesus forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

(1st Gift of the Spirit) **Fear of the Lord/Love of God: Father, pour the Holy Spirit into our hearts.** (Rm 5:5 cf)

Mantra – (Pray 1 or 3 times) For the love of God, and the Salvation of Souls. (Love of God)
(Breathe In) (Exhale) (Eyes Closed, Breathe In 1-3 times)

(2nd Gift of the Spirit) **Knowledge: Father, pour the Holy Spirit into our hearts.**

For the love of God, and the Salvation of Souls. (Eyes Closed, Breathe In 1-3 times), **Knowledge)**
(Breathe In) (Exhale)

(3rd Gift of the Spirit) **Counsel: Father, pour the Holy Spirit into our hearts.**

For the love of God, and the Salvation of Souls. (Eyes Closed, Breathe In 1-3 times), **Counsel)**
(Breathe in) (Exhale)

(4th Gift of the Spirit) **Fortitude: Father, pour the Holy Spirit into our hearts.**

(Breathe In) **For the love of God,** (Exhale) **and the Salvation of Souls.** (Eyes Closed, Breathe in, **Fortitude**)

(5th Gift of the Spirit) **Understanding: Father, pour the Holy Spirit into our hearts.**

(breathe in) **For the love of God,** (Exhale) **and the Salvation of Souls.** (Breathe in, **Understanding**)

(6th Gift of the Spirit) **Piety: Father, pour the Holy Spirit into our hearts.**

(Breathe In) **For the love of God,** (Exhale) **and the Salvation of Souls.** (Eyes Closed, Breathe in, **Piety**)

(7th Gift of the Spirit) **Wisdom: Father, pour the Holy Spirit into our hearts.**

(breathe in) **For the love of God,** (exhale) **and the Salvation of Souls.** (Eyes Closed, Breathe in, **Wisdom**)

(8th Prayer) **“Father not my will, but your will be done.”** (Luke 22:42)

For the love of Jesus, and the Salvation of Souls. (Eyes Closed, Breathe in, **Receive the Holy Spirit**)
(breathe in) (exhale)

(9th prayer) **“Speak lord, for your servant is listening”** (1 Samuel 3:9)

For the love of the Holy Spirit, and the Salvation of Souls. (**Receive the Holy Spirit**)
(Breathe In) (Exhale) (Eyes Closed, Breathe In 1-3 times),

(10th Prayer) **“Father, into your hands I commend my spirit.”** (Luke 23:46)

For, “it is no longer we who live, but Christ who lives in us; for the life that we now live in the flesh, we live by faith in the Son of God; who loved us so much, he gave himself to be crucified and die on a cross for us,” so that we may be one with him, for he calls us by name to come home!” (gal 2:19-20cf) **Let us pray for a heart of love, compassion and mercy; blessed are the merciful for they will be shown Mercy!** (Mt5:7) **Put on “love” that is the bond of perfection,** (Col 3-14) what you have received freely you are to give freely; to your brothers and sisters as God has given to you. May God bless us and guide us, as we work for the Kingdom of God today.

For the love of God, and the Salvation of Souls. (Eyes Closed, Breathe in, **Receive the Holy Spirit**)
(Breathe In) (Exhale) (Eyes Closed, Breathe In 1-3 times),

Peter's Prayer/Receive the Holy Spirit

We proclaim, **Father to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy One from God.**

(Jn 6:68-69) **“Whom shall I send? Who will go for us.” “Here I am, send me Father,”** (Is 6:8) **pour the Holy Spirit into my heart** (Rm 5:5) **So I may return love for love in the name of Jesus, your most beloved son.** (1Jn4:7, 12 cf)

“Jesus ask you, child of Abraham, Isaac, and Jacob, (Gal 3:26,29 cf) **do you love me!” “Father you know everything, you know that I love you”, feed my sheep** (Jn 21:17cf). **Come follow me, as the father has sent me, I send you “Receive the Holy Spirit.”** (Jn 20:21-22 cf)

(Eyes closed, Breathe in, **Receive the Holy Spirit**)(3 times)

(Continue on to page 12)



Holy Jesus Prayer / Listening to Jesus on the Sermon on the Mount

Receive the Gifts of the Holy Beatitudes

“Seek, and you will find, listen and you shall be consoled” (Lk 11:9,13 cf)

“Be Holy as your Heavenly Father is Holy, receive love to give love” (Lev 19:2, cf)

(1st Beatitude) “Blessed are the poor in spirit, for theirs is the Kingdom of Heaven:” (Mt 5: 3) Fruit of the Spirit **Fear of the Lord/Love of God** Complete poverty of spirit is when we seek only God, when we empty ourselves of all our desires, wants, and needs, poverty of material things, spiritual things, moral things, which empties us to poverty of self. To die to our own will, to rest in the divine will of God. “Heaven on Earth, the gift of love.”

Mantra - (Pray 1 or 3 times) For the love of Jesus, and the Salvation of Souls. (Love of God)
(Breathe In) (Exhale) (Eyes Closed, Breathe In 1-3 times),

(2nd Beatitude) “Blessed are they who mourn, for they will be comforted”. (Mt 5: 4) Fruit of the Spirit **knowledge**. When we walk with Jesus, our hearts cannot help; but to mourn for injustice, and lost souls that need help. Just as we mourn we find comfort; for Jesus is with us, and in us, leading us on to serve and love our neighbor; to give freely to others, what God has given to us, “Love.”

For the love of Jesus, and the Salvation of Souls. (Eyes closed, Breathe in 1-3 times), **Knowledge**
(Breathe in) (Exhale)

(3rd Beatitude) “Blessed are the meek, for they shall inherit the Land” (Mt 5: 5) Fruit of the Spirit **Counsel** When we are meek and humble of heart, we find peace and serenity within us; even thou the world around us is not of Peace and serenity, the world no longer has a hold on us! Jesus said; “Learn from me, for I am meek and humble of heart and you shall find rest for your soul.”

For the love of Jesus, and the Salvation of Souls. (Eyes closed, Breathe in, **Counsel**)
(Breathe in) (Exhale)

(4th Beatitude) “Blessed are they who hunger and thirst for righteousness, for they will be Satisfied:” (Mt 5: 6) Fruit of the Spirit **Fortitude** The gift of love, the Holy Spirit dispensed through grace; puts us on the path of light, seeking truth, righteousness, and the call to be a servant to all. Hence, filling that void in us; to love God with all our heart and our brothers and sisters as our self. “Nothing on earth can fill that void in our souls, only Grace, the gift of love from God!”

For the love of Jesus, and the Salvation of Souls. (Eyes closed, Breathe in, **Fortitude**)
(Breathe in) (Exhale)

(5th Beatitude) “Blessed are the merciful, for they will be shown mercy”: (Mt 5: 7) Fruit of the Spirit **Understanding** When we show mercy and compassion, we can receive mercy and compassion, For this is the direct off spring of the heart that is infused to the heart of Jesus.

For the love of Jesus, and the Salvation of Souls. (Eyes closed, Breathe in, **Understanding**)
(Breathe in) (Exhale)

(6th Beatitude) **“Blessed are the pure in heart, for they will see God”** :^(Mt 5:8) Fruit of the Spirit **Piety** Fraternal Love, when we have a pure heart we can see Jesus in all things and all people; for love has no boundaries and it can see all things, hope in all things, endures all things, For the glory of God, **“for perfect love, casts out all fear.”**

For the love of Jesus, and the Salvation of Souls. (Eyes closed, Breathe in, **Piety**)
(Breathe in) (exhale)

(7th Beatitude) **“Blessed are the peacemakers, for they will be children of God”**: ^(Mt 5:9) Fruit of the Spirit **Wisdom** When we do all things to please and love God, **we become dependent on God; like children who can do nothing for themselves. Total dependency on God, we seek peace; justice and love in all things.**

For the love of Jesus, and the Salvation of Souls. (Eyes closed, Breathe in, **Wisdom**)
(Breathe in) (exhale)

(8th Beatitude) **“Blessed are they who are persecuted for the sake of righteousness, for theirs is the Kingdom of Heaven”** ^(Mt 5:10) The seven Gifts of the Holy Spirit; The Crown of Love **Martyrdom of the heart and flesh** When we do all things with no regard for self, only; for others and the **love of God. For we will find heaven on earth as we give our lives for the Kingdom of God.”**

For the love of Jesus, and the Salvation of Souls. (**Martyrdom of the heart and flesh**)
(Breathe In) (Exhale) (Eyes Closed, Breathe In 1-3 times),

(9th prayer) **Blessed are they who hear the word of God and believe, the truth shall set them free!** To fall in love with God is the greatest of all romances; to seek him, the greatest adventure; to find him, the greatest human achievement. **“God is Love”** who “loved us first” and who takes a thousand steps toward us for our one step toward him. “I am sure of this much: that he who has begun the good work in you will carry it through to completion.” **The gift from the Father, Son, and Holy Spirit “Love” Live to Love and Love to Live!**

For the love of Jesus, and the Salvation of Souls. (Eyes, closed, Breathe in, **Receive the Holy Spirit**)
(Breathe In) (Exhale)

(10th Prayer) **Be still and know I am God** ^(Ps 46:11), for when we can be silent; we can hear the Whispers of the Holy Spirit ^(1 Kings 19:cf 9-14). John of the Cross said a profound statement that leads us to Jesus; where our true treasure is, our **heart!** **The way of nothing, the Mound of perfection.** When I seek nothing, want nothing, desire nothing; I find everything in my nothingness. ^(j) For all my faculties and senses are quiet and still, my will belongs to the Will of God, for as the bride and the groom become one, with the Will of God. J.A.P.(Ref Pg.32,33,34)

Peter's Prayer/Feed My Sheep

Let us profess our love for Jesus, just as Peter did three times. ^(individual prayer, 1 or 3 times) We proclaim, **Master to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy One from God.** ^(Jn 6:68-9) **” Whom shall I send? Who will go for us.”** **“Here I am, send me Father,”** ^(Is 6:8) **pour the Holy Spirit into my heart** ^(Rm 5:5) **So I may return love for love in the name of Jesus, your most beloved son.** ^(1Jn4:7, 12cf) **“Jesus ask you, child of Abraham, Isaac, and Jacob,** ^(Gal 3:26,29 cf) **do you love me!”**. **“Father you know everything, you know that I love you”, feed my sheep** ^{(Jn 21:17cf).} **Come follow me, As the father has sent me, I send you; “Receive the Holy Spirit.”** ^(Jn 20:21-22 cf)

(Eyes closed, Breathe in, **Receive the Holy Spirit**)

For the love of Jesus, and the Salvation of Souls. (Eyes closed, Breathe in, **Fear of the Lord/Love of God**)
(Breathe In) (Exhale)

(Continue on to pg. 15)

Prayers for when you walk with Jesus on the way of the cross on the next page

This Prayer is for the salvation of souls, in atonement for all people and the whole world!

Eternal Father Prayer (Pray one time for each Passion) (individual prayer, eyes closed if you want.)

Eternal Father, I offer you the Body, Blood, Soul and Divinity of your dearly beloved Son, Our Lord Jesus Christ, **in atonement for our sins and those of the whole world.**

For the Sake of Prayer (Pray 1 or 3 times, for ea. Passion) (Individuals, eyes closed, breathe in and exhale if you want)

For the sake of His Sorrowful Passion, **have mercy on us and on the whole world**
(Breathe in) (Exhale)

(Optional after prayer) (Eyes closed, Breathe **in and out**) (Or Eyes closed, Breathe in **the Gift of the Holy Spirit**)



The **Holy Trinity Prayer**, on the next page, is a very interactive prayer, so **Knock and the door will be opened**, and you can walk with Jesus and dialogue with Jesus on the way of the cross. Breathing in the gifts of the **Holy Spirit** to prepare yourself to go out into the world every day. **“One must receive love in order to give love”** These prayers are for all people; of all religions, for God does not see his people as just one religion. For we are all one in the house of God; One body thru Jesus Christ; for the Holy Spirit has been given to all who ask. So pray one or all 3 prayers every day for 40 days, **and see** what gifts our Father has for you!

The Call to Pray

The **Holy God Prayer** was given to me by the Holy Spirit to help elevate your physical and spiritual consciousness to the highest forms of prayer. Mental interactive prayer, contemplative prayer grounded in the Holy Spirit. mind, body ,spirit and Meditation. Praying with all your mind, faculties, senses, and spirit. So the soul can find its lover!

The Promise from our Father

The words that I am sharing come forth from my father, through the gifts of the Holy Spirit. **For all my children who ask for the Holy Spirit and take up the cross of Love every day, will be transformed from one glory to the next and receive their full inheritance as children of God!**

Holy Trinity Prayer / Walking with Jesus, carrying our daily cross

Receiving the holy spirit

“**Knock, and the door will be opened, as you walk with Jesus every day.**” (LK 11:9,13 cf)

“**Be merciful as your Heavenly Father is merciful, Mercy, the heart of love**” (LK 6:36 cf)

Via Dolorosa (The way of tears/**The Cross of Sorrow**/Our Humanity)

Via Lucis (The way of light/**The Cross of Love**/Our Divinity)

Via Crucis **The way of the Cross**



Jesus said to his disciples, “Whoever wishes to come after me, must deny themselves, take up **their cross daily** and follow me,” says the Lord! (Luke 9:23,24)

Holy God Prayer

Holy God, send the **Holy Spirit** upon us, to open our hearts so we may listen to the **Holy Spirit** through the word of God, and be led by the **Holy Spirit** on the way of the cross, as we walk with Jesus we lift up our prayers for the Salvation of Souls and the Glory of God. So that we may not just see with our eyes, but with our hearts and walk with the **Holy Spirit**, “The Spirit of **Love** and Truth,” so that our flesh and Spirit may become one with your will! “**Father not my will, but your will be done,** (Luke 22: 42) **Into your hands I commend my spirit** (Luke 23:46) **in the name of Jesus, your most beloved son, Amen.**” (John 14:4,6,14 cf)

(Announce) **1st Passion** (Eternal Father-prayer) **Jesus is condemned to death; in fulfillment of the scriptures, to make the greatest and final sacrifice of Love, for the sins of the world.** (Eyes Closed, Breathe In **Fear of the Lord**/Love of God) (Pray 1 or 3 times, For the sake of prayer)

(Announce) **2nd Passion** (Eternal Father-prayer) **Jesus bears his cross; so we can be reconciled to God, as children of adoption.** (Eyes closed, Breathe In **Knowledge**) (For the sake of prayer)

(Announce) **3rd Passion** (Eternal Father-prayer) **Jesus falls for the first time; when we fall let us rely on God and the way of the Holy Spirit; that leads to the kingdom of God, not on the things of the flesh that belong to the world, that will perish.** (Eyes Closed, Breathe In **Counsel**) (For the sake of prayer)

(Announce) 4th Passion (Eternal Father-prayer) **Jesus meets his mother**; and Our Blessed Mother Mary on his way to Calvary, carrying the sins of the world with great compassion and love, **“Hail Mary Full of Grace, Holy Mary, Pray for us.”**
(Eyes Closed, Breathe In **Fortitude**) (For the sake of prayer)

(Announce) 5th Passion (Eternal Father-prayer) **The Cyrenian, Simon helps Jesus carry the cross**; may we see the beloved Son of God, Jesus, in all people, and **help our brothers and sisters carry their daily cross.** (Eyes Closed, Breathe In **Understanding**)
(For the sake of prayer)

(Announce) 6th Passion (Eternal Father-prayer) **Veronica wipes the face of Jesus**; with great sorrow and compassion, may we show compassion and mercy to all. **Blessed are the merciful, for they shall be shown mercy.** (Eyes Closed, Breathe In **Piety**)
(For the sake of prayer)

(Announce) 7th Passion (Eternal Father-prayer) **Jesus falls for a second time**; may we persevere when life gets hard, and stay the course on the path of righteousness, **to give glory to God in all that we do.** (Eyes Closed, Breathe In **Wisdom**)
(For the sake of prayer)

(Announce) 8th Passion (Eternal Father-prayer) **Jesus meets the daughters of Jerusalem weeping**, and he says do not weep for me, but weep for yourself and your brothers and sisters, pray for them, **Blessed are they who mourn for they shall be comforted.** (Eyes Closed, Breathe In **Fear of the Lord/Love of God**)
(For the sake of prayer)

(Announce) 9th Passion (Eternal Father-prayer) **Jesus falls for the third, and final time**, when we fall throughout our life; let us remember what Jesus said to the Apostle Paul, **“My Grace is sufficient for you, for power is made perfect in weakness.”**
(Eyes Closed, Breathe In **Knowledge**) (For the sake of prayer)

(Announce) 10th Passion (Eternal Father-prayer) **Jesus is stripped of his garments**, remember when we are stripped of the things of the flesh that belong to the world. **We have our soul that belongs to God, give to God, what is God's, with a humble and contrite heart.”** (Eyes Closed, Breathe In **Counsel**) (For the sake of prayer)

(Announce) 11th Passion (Eternal Father-prayer) **Jesus is nailed to the cross**; may we always remember how much Jesus suffered for us, **so we can be one with him through the resurrection and receive the Holy Ghost.** (Eyes Closed, Breathe In **Fortitude**)
(For the sake of prayer)

(Announce) 12th Passion (Eternal Father-prayer) **Jesus dies on the cross**, **“My God, My God why have you forsaken me.”** (Mk 15:34,39 cf) **“Father, forgive them for they know not what they do.”** (Lk 24:34) **Jesus says to his mother “Woman behold your son.”** To his beloved, **“Behold your mother.”** (Jn 19:26,27 cf) **“It is finished, Father, into your hands I commend my spirit”.** (Mt 27:50cf) (Eyes Closed, Breathe In **Receive the Holy Spirit**)
(Pray 3 times, For the sake of prayer)

(Announce) 13th Passion (Eternal Father-prayer) **Jesus is taken down from the cross**, with great sorrow and great hope, **for the promise of the resurrection.**
(Eyes Closed, Breathe In **Understanding**) (For the sake of prayer)

(Announce) **14th Passion** (Eternal Father-prayer) **Jesus is laid in the sepulcher**; his burial tomb, to rise on the third day, in fulfillment of the scriptures, for he is the God of the living, not the dead; so we may have eternal life with the Father and Son, as we receive the Holy Ghost to become one with God! (Eyes Closed, Breathe In **Piety**)
(For the sake of prayer)

(Announce) **15th Passion/Prayer**, (Eternal Father-prayer) **Resurrection of Jesus and the descent of the Holy Ghost**. Servants Prayer/**Spiritual Armor**: Let us put on the Armor of God, having done everything, to hold your ground. Stand firm in the truth, and let righteousness be your breast plate, hold faith as your shield from God; to quench all the flaming arrows of the evil one, with the helmet of salvation from your beloved Son, Jesus, and the mighty sword, the word of God that is revealed through the gifts of the Holy Ghost. (Eph 6:10-17 cf) For we are a slave to our Father, an apostle to Jesus and servant to all our brothers and sisters. Let's go out today and battle the things of the flesh, as we walk in the spirit to seek and do the will of God. Live and walk in our Faith and others will follow. Pray your own personal devotion of love, to seek the will of God and take it into your daily life and work, (pause) so we may serve and love our brothers and sisters in the name of Jesus. Amen. (Eph 6:18-20 cf) (Eyes Closed, Breathe In **Wisdom**)
(For the sake of prayer)

(Closing Prayers on the next page)



Prayers for when we walk with Jesus on The Way of the Cross

Eternal Father Prayer (Pray **one time for each Passion**) (Individual prayer, eyes closed if you want)

Eternal Father, I offer you the Body, Blood, Soul and Divinity of your dearly beloved Son, Our Lord Jesus Christ, **in atonement for our sins and those of the whole world.**

For the Sake of Prayer (Pray **1 or 3 times for each Passion**) (individuals, eyes closed breathe in and exhale if you want or just say the prayer.)

For the sake of His Sorrowful Passion, **have mercy on us and on the whole world.**

(Breathe in)

(Exhale)

(optional after prayer) (eyes closed, Breathe **in and out**) Or Eyes closed Breathe in **the Gift of the Holy Spirit**)



Closing Prayers

Holy God Prayer, at the foot of the cross (Pray 3 times after the 15th prayer, to finish meditation)

Holy God, Holy Mighty One, Holy Immortal One, **have mercy on us and on the whole world.**
(eyes closed, breathe in) **“For the love of Jesus,”** (exhale) **“and the salvation of souls”**

(Add your own mantra, Breathe in and exhale, ref. page 21)

Prayer: Fire and love/Rebirth, Our Father Prayer (Pray one time to finish meditation)

Heavenly Father, let this prayer be an act of love and contrition, for the forgiveness of our sins. To prepare us to receive the living body and blood of your most beloved son. For the Love of God has been poured out into our hearts through the Holy Spirit that has been given to all. **So we will be consumed with the fire of love and truth, to be reborn; anew in the image of your “beloved son Jesus Christ”.** (Romans 5:1-5cf) **We dare to say, Heavenly Father, hallowed be your Name, your kingdom come, your will be done, on earth as it is in Heaven. Give us today our daily bread, and forgive us our debts, as we forgive our debtors; and do not subject us to the final test, but deliver us from the evil one Amen.** (Matthew 6: 9-13 cf)

In the Name of Prayer (John 14:4,6,14 cf) (Pray one time to finish meditation)

“We pray, In the name of The Father, the Son, and the Holy Ghost. Amen.”

(Eyes Closed, Breathe In, 3 times, **Receive the Holy Ghost**, exhale)

“May this be the song in my heart and the words on my lips”
Hope does not disappoint, because joy and the love of God has been poured out into our hearts through the Holy Spirit who has been given to all! (Romans 5:1-5 cf)

Remember!!

Who Loves ya Baby!!!

Jesus



PRAYER IN HONOUR OF THE SACRED WOUNDS

(Morning and bedtime prayer)

My Crucified Jesus, I Love You!
I adore the Wounds in Thy Sacred Head
With sorrow, deep and true.
So Every thought of mine today
Will Be an act of Love for You. (Morning Prayer)
Has been an act of love for you. (Bedtime Prayer)

I adore the Wounds of Thy Sacred Hands
With sorrow deep and true.
So Every work of my hands today
Will Be an act of Love for You. (Morning Prayer)
Has been an act of love for you. (Bedtime Prayer)

I adore the Wounds in Thy Sacred Feet
With sorrow deep and true.
So Every step I take today
Will Be an act of Love for You. (Morning Prayer)
Has been an act of love for you. (Bedtime Prayer)

I adore the Wound in Thy Sacred Heart
With sorrow deep and true.
So Every beat of my heart today
Will Be an act of Love for You. (Morning Prayer)
Has been an act of love for you. (Bedtime Prayer)

So that when my day comes to an end,
I may lay my head to sleep;
My soul is yours to keep!
Father I am not worthy that you should enter under my roof,
But only say the word and my soul shall be healed!
"Into your hands I commend my Spirit"
"In the name of Jesus, Amen." (John 14: 4, 6, 14 cf)

Peter's Prayer/**Feed My Sheep**/Receive the Holy Spirit

We proclaim, Father to whom shall I go? You have the words of eternal life. I have come to believe and I am convinced that you are the Holy One from God. (Jn 6:68-69)
"Whom shall I send? Who will go for us?" "Here I am, send me Father," (Is 6:8) pour the Holy Spirit into my heart (Rm 5:5) So I may return love for love in the name of Jesus, your most beloved son. (1Jn 4:7,11,12cf)
"Jesus ask you, child of Abraham, Isaac, and Jacob, (Gal 3:26-29 cf) do you love me!" "Father you know everything, you know that I love you", feed my sheep (Jn 21:17 cf). Come follow me, as the Father has sent me, I send you "Receive the Holy Spirit." (Jn 20:21-22 cf)
(Eyes closed, Breathe in 3times, Receive the Holy Spirit)
"Go, you are sent forth to witness with love."



Psalm of Salvation

(need to sing, for the passing of all souls)

Jesus is a Lover, Jesus is a Lover

Calling, Calling,

Waiting for you to come home,

Waiting for you to come home

K-I-S-S-I-N-G

First came Jesus,

then came the Holy Spirit

K-I-S-S-I-N-G

The Kiss of Love, The kiss of Love

Bringing you home, Bringing you home

Blessa your soul, Blessa my soul

Blessa your soul, Blessa my soul

Bringing you home, Bringing you home

The Kiss of Love, The kiss of Love

Bringing you home

(Special intentions for all souls)

K-I-S-S-I-N-G

The Kiss of LOVE, The Kiss of LOVE!!!

“Bringing you Home”

“For the love of Jesus,” “and the salvation of souls.” (3 times)

(Eyes closed, Breathe in)

(exhale)

(add your own mantra)

Dedicated to Judy Henderson

(the Kiss of love is the Holy Spirit)

Remember

Who Loves ya Baby!!!

Jesus!

(New beginnings)

John Arthur Paul

Website: www.calltopray.co Email: contact@calltopray.co

Suggested Mantras/Gifts of the Spirit

1. (Breathe in) **For the love of Jesus**, (Exhale) **and The Salvations of Souls**
2. (Breathe in) **For the love God**, (Exhale) **and The Salvations of Souls**
3. (Breathe in) **For the love of the Holy Spirit**, (Exhale) **and The Salvations of Souls**
4. (Breathe in) **Receive**, (Exhale) **The Holy Spirit.**
5. (Breathe in) **Receive**, (Exhale) **the Holy Ghost.**
6. (Breathe in) **Speak Lord**, (Exhale) **For your servant is listening**
7. (Breathe in) **Perfect love**, (Exhale) **Cast out all fear**
8. (Breathe in) **The word of God**, (Exhale) **Sets my heart on fire.**
9. (Breathe in) **Receive the Holy Spirit**, (Exhale) **The truth will set me free**
10. (Breathe in) **Love**, (Exhale) **Is the Bond of Perfection**
11. (Breathe in) **Holy God**, (Exhale) **Pray for us**
12. (Breathe in) **Holy Jesus**, (Exhale) **Pray for us**
13. (Breathe in) **Holy Spirit**, (Exhale) **Pray for us**
14. (Breathe in) **ST.** (add saints name), (Exhale) **Pray for us**
15. (Breathe in) **Holy Mary**, (Exhale) **Pray for us (at the foot of the cross)**
16. (Breathe in) **Mary Magdalene**, (Exhale) **Pray for us (at the foot of the cross)**
17. (Breathe in) **St. John**, (Exhale) **Pray for us (at the foot of the cross)**
18. (Breathe in) **Not my will**, (Exhale) **But your will be done**
19. (Breathe in) **Father your will be done**, (Exhale) **Not mine**
20. (Breathe in) **Here I am**, (Exhale) **Send me**
21. (Breathe in) **Into your hands**, (Exhale) **I commend my spirit**
22. (Breathe in) **Martyrdom**, (Exhale) **Of the heart and flesh**
23. (Breathe in) **In the name of**, (Exhale) **Jesus**
24. (Breathe in) **Love** (Exhale) **of God**
25. (Breathe in) **Fear of the Lord**, (Exhale) **Love of God**
26. (Breathe in) **Knowledge** (Exhale), **or** (breathe in half the word and then exhale the rest)
27. (Breathe in) **Counsel** (Exhale) **or** (breathe in half the word and then exhale the rest)
28. (Breathe in) **Fortitude** (Exhale) **or** (breathe in half the word and then exhale the rest)
29. (Breathe in) **Understanding** (Exhale) **or** (breathe in half the word and then exhale the rest)
30. (Breathe in) **Piety** (Exhale) **or** (breathe in half the word and then exhale the rest)
31. (Breathe in) **Wisdom** (Exhale) **or** (breathe in half the word and then exhale the rest)
32. **Use your own mantra, word or phrase that makes your heart sing.**

You don't have to breathe in and exhale a mantra. You can just say the mantra as a group or silently to your self.



The Call to Pray

The Call to Pray is the answer to my prayer from 30 years ago. When God intervened and lifted all my pain, suffering and emptiness from my soul!

God lifted me up and in an instant, healed me and filled me with indescribable joy.

My first thought was what do I do now! I was so thankful, wanting to hold onto this great grace that consumed me. (Knowing what I know today; this was an outpouring of the Holy Spirit, perfect love, that heals all things). So my thoughts back then were, "God how do I keep this, I don't know you, I don't know how to pray"! So I thought if I read the Bible every day, I could hold onto this great love! This lasted 90 days, and the world came crashing back into my life, for I had no roots, no foundation with God to weather the storms of life!

Like the parable of the sower, I was the rocky soil that had no roots. The word of God and the love of the Holy Spirit vanished just as fast as it came. So I fell back into the fast track of life, focused only on things of the flesh and worldly goods.

My journey continued on for another 10 years of trying to do it my way. Then in 1997 God poured the Holy Spirit into my heart again, during a men's spiritual retreat. This time I made a promise to God that I would go to daily mass, read the word of God and pray every day. So now 20 years and 20,000+ hours in prayer, to become an Apostle of prayer, a prayer warrior for God. **So as you can see by the hand of God, I was given a hundred fold of what I asked of my father 30 years ago.**

For it is the year of Mercy, ask every day for the outpouring of the Holy Spirit, receive the healing Love that comes forth only from the Father and the Son. Now I come as a messenger and a servant to all, spreading the Word of God and the Call to Pray. Proclaiming a baptism of fire and love, and outpouring of the Holy Spirit; a re-birth to burn away the old/false self and be created anew every day. To receive love, compassion, and mercy, one must take up their cross daily and walk with Jesus! What was given freely to me, I give freely to you. What I share with you comes from the Holy Spirit. I will continue to pray every day to receive love, so I can share with all, this great gift of love. We must learn to receive love in order to give love! So to all, I share these three prayers and the Holy God prayer, with all my brothers and sisters around the world! **Prayer will change the world. "Love, Love, Love"**

Remember!!

Who Loves ya Baby!!!

Jesus

By J.A.P

The Call to Pray

1/1/17
Year of the Holy Spirit

The year of the **Holy Spirit**. The answer to prayer **"Ask, and you will receive, as children of God." Seek, and you will find, listen and you shall be consoled. "Knock, and the door will be opened to you, as you walk with Jesus every day."** (LK 11:9-13 cf) Our **Father** calls us every day through his beloved Son, **"Jesus"** and pours the **Holy Spirit** on all who ask. **Jesus** tells you, as the **Father** has sent me, I send you, receive the **Holy Spirit**. (JN 20:21-22 cf) For perfect **love**, only comes from the **Holy Spirit**, **"Love is the bond of perfection."** (Col 3:14)

I am a messenger for **The Call to Pray**, to proclaim an out pouring of the **Holy Spirit**, the spirit of **love** and truth. The message I have come to proclaim is one of **love**, from the Father and Son, though the gifts of the **Holy Spirit**, for all people, all faiths and religions. I am not here to talk about religion or, biblical doctrine. My calling is to share this great **love** of the **Holy Spirit** through word and prayer, with all my brothers and sisters around the world. So, when we ask and receive the **Holy Spirit** every day, washing away the old self and bringing forth the new self. How can we not be transformed; if we ask for **love** every day and receive **love**, to go out and share **love** and the gift of life with all our brother and sisters, one day at a time!

As prodigal children, we are all lost at times, but our **Father** is the same today and tomorrow, always calling us to come home. If you have ears to hear, you ought to hear, harden not your hearts, for wisdom is vindicated by works! Do we ground ourselves in the **Word of God** and **daily prayer**, putting **action** to our **faith**, asking and receiving the **Holy Spirit**? What fools we are when we do very little to invest in the kingdom of God on a daily base. Do we not store up treasures on earth, put money away for our retirement; so we can live in comfort, only to die one day. What about the investment/retirement plan you have for the Kingdom of Heaven? Do you make deposits every day? By asking and receiving the **Holy Spirit**, to go out each day and return **love for love**, for what you receive freely you are to give freely! So when the day comes, we all are guaranteed to die someday, will we have invested enough in our soul for the Kingdom of Heaven?

The amazing part and simplicity of the Kingdom of Heaven, is **love!** As we are born into this world, we all want **love**, seek **love**, our hearts are restless until we find **love**. All we have to do is ask and we shall receive **love**, so that we can return **love for love**. So it seems very easy and simplistic, but the hardest of things to do. This cannot be done by human standards and strength, only by the out pouring of the **Holy Spirit**. So will you **"Ask and receive the gift of love through Holy Spirit? The love that was given to me through the Holy Spirit, I give to you through the 3 prayers that make up the Holy God prayer. Pray one, pray all 3 prayers, "ask and you shall receive", "seek and you will find", "Knock, and the door will be opened."** (LK 11:9-13) **"In our physical life, love is the greatest investment we can make for our soul and the Salvation of souls for the Kingdom of Heaven. I will post a new letter the 1st of every year up to 2020. The year 20/20 vision through the eyes of the Holy Spirit**

Remember!!

Who Loves ya Baby!!!

Jesus

The Call to Pray

It is by **FAITH** we are grounded to weather the storms of life. Our **FAITH** is a blessing that comes from our Father that leads us to **hope**, through his beloved son Jesus. To carry us to **charity/love** of the **Holy Spirit** putting action to our **FAITH**! **For all who ask, shall receive the Grace of the Holy Spirit, through perfect love from the Father and the Son.**

When we receive love, we can give love and return love, for love, as children of God! We are all called to be like Elijah and John the Baptist. **A voice crying out, to prepare the way of the Lord.** By living our **FAITH** and sharing our **FAITH** every day. **For every day we ask and receive the Holy Spirit; we strip away the old self; to be created anew every day to prepare the way of the Lord. By living a life of love, compassion and mercy.** Life is a lot like a hurricane. We don't know when the storms will come, but by **FAITH** we are grounded in the center of the hurricane. For in the eye of the hurricane is calmness. This is like our **FAITH**, to say yes to the love of God; through an act of our own free will. So we can be calm in the middle of the storm; when all around us is being tossed about, not knowing what the outcome of the storm will bring. (Reflect on page 25 of The Call to Pray)

When we rely on God every day, through **FAITH** we can learn to dance in the rain when the storms come. By **FAITH** we learn that God does not change, it's the world and people who create the change. So like the eye of a hurricane we can remain calm; when our **FAITH** is grounded in the love of God! Whether we are in a storm or a beautiful sunny day.

The love we receive from the Father and the Son through the out pouring of the **Holy Spirit** does not change. Let us cry out every day, **here I am, send me (Is 6:8). Pour the Holy Spirit into my heart. (Rm 5:5) So we can go out every day to prepare the way of the Lord. For what we have received freely we are to give freely. If you have ears to hear, you ought to hear, for wisdom is vindicated by works; grounded in FAITH. FAITH is what we hope for in things we cannot see. Hope gives us the fortitude and perseverance through the love of Jesus. Charity and love; the offspring of the Father and Son through the Holy Spirit, which brings action to our FAITH. Pray, Pray, Pray; for prayer will change the world.** If you pray every day and ask for the out pouring of the **Holy Spirit** into your life. I was promised by our Father; if you ask you will receive, and be transformed from one glory to the next, and receive your full inheritance as children of God. **So, if you change, your world will change!** **We are to go out and prepare the way of the Lord by putting action to our faith; through prayer and the word of God. May God bless you and keep you and lead you to everlasting life! Pray it forward, share the word of God and the prayers of the Holy Spirit with all!**

Remember!!

Who Loves ya Baby!!!

Jesus

The Call to Pray

The year of **Hope** and **Joy**, so we can walk in the **love** and truth of the **Holy Spirit**, as children of **God**. Hand in hand with **Jesus** as we receive the grace and gifts of the **Holy Spirit**!

With our faith grounded in word and prayer the **Holy spirit** burns away our false self to see through the eyes of the “**Holy Spirit, perfect Love**” Which leads us to **Hope** and **Joy**.

Unconditioned **love** from our Father in heaven that brings **Hope** and **Joy** that touches the Soul! So the Soul can find its lover and is carried off to **love** of **God** and **love** of neighbor. This **Love** and **Joy** that comes from the **Holy spirit** is so amazing it just wants to flow through you; to give it to others what has been given freely to you. We now live not by sight, but by **Faith**, **Hope** and **Love** to receive our inheritance as children of God!

The date that has come up in prayer 10 years ago, 9/11/09 and coming up soon is 9/11/19 which is 9/11. The day and 9/11 the year, forwards and backwards! Based on the flesh and human standards these are the numbers that represent the need for urgent response (emergency) The **Call to Pray**. The year to follow is 2020 can we see clearly now! **If you have ears to hear, you ought to hear and eyes to see you ought to see, harden not your hearts, for wisdom is vindicated by her works!** With that being said, should we not live everyday as if it is our last day. I don't know why or what these dates may bring forth. For I am just a messenger passing along **The Call to Pray** and the **Word of God**! “May this be the song in your heart and the words on your lips.” **Hope** does not disappoint because the **Joy** and **Love** of **God** has been poured out into our hearts through the **Holy Spirit** who has been given to all! (romans5:1-5, cf)

The Greatest Treasure on earth is the out pouring of the **Holy Spirit**. “**If you ask you will receive, seek and you will find, “Knock and the door will be opened”.** (LK:11, 9-13) **This is a promise from your Heavenly Father.** For I am a messenger proclaiming a baptism of Fire, and **Love**, to be reborn anew everyday as you ask and receive the **Love** of the **Holy Spirit** to burn away the false self and be created anew every day! We all have addictive personalities, let us be addicted to **Love**! Live life one day at a time, just as all our brothers and sisters do in a twelve-step program. Live today and **love** today for all we have is today! “**Be perfect as your Heavenly Father is perfect**” (Mt 5:48) “**Be Holy as your Heavenly Father is Holy.**” (Lev 19:2) “**Be merciful as your Heavenly Father is merciful.**” (LK 6:36) Through prayer and the word of God, “**Love is the bond of Perfection.**” (Col 3:14)

Fire and Love/Rebirth, Our Father Prayer

Heavenly Father let this prayer be an act of **Love** and Contrition, to prepare us to receive the living body and blood of your most beloved son. For the **Love** of **God** has been poured out into our hearts through the Holy Spirit that has been given to all. So we will be consumed with the **Fire of Love** and truth, to be reborn; anew in the image of your “**beloved son Jesus Christ**”. (Romans 5:1-5cf) We dare to say, Heavenly Father, hallowed be your Name, your kingdom come, your will be done, on earth as it is in Heaven. Give us today our daily bread, and forgive us our debts, as we forgive our debtors; and do not subject us to the final test but deliver us from the evil one, We Pray in the Name of Jesus **Amen**. (Matthew 6: 9-13 cf)

(eyes closed breathe in) **Receive the Holy Spirit** (Exhale) 3-times

1/1/2020

Year of 20/20 Vision

Fire and Love

Baptism of the Holy Spirit

The Call to Pray

We are coming into the year of 20/20; can we see clearly now! This message I share with you was put in my heart 5 years ago in 2015. Starting at the beginning of January 2016 the **Holy Spirit** had me share a message; calling all of us to receive the **Holy Spirit** and be transformed every day! Since then I have been sharing a message every year up to this year 2020. **So I share this new message and our new beginnings, a rebirth with the Holy Spirit for our 2020 journey as we walk with Jesus and receive the gifts of the Holy Spirit everyday! This is a baptism of the Holy Spirit through fire and love; a rebirth to awaken anew every day. For Perfect vision only comes through the Holy Spirit.** For this 20/20 vision is the awakening of our flesh and spirit connecting to our true being, our soul, that is created and connected to **God**.

Live to Love and Love to Live. Pray, Pray, Pray!

Through thousands of hours of prayer, the **Holy Spirit** gave me **The Holy God Prayer**. This prayer is made up of 3 prayers, the **Holy Spirit prayer**, **Holy Jesus prayer** and the **Holy Trinity prayer** that can be prayed as one consecutive prayer or any combination of the three prayers. These prayers were revealed to me to invoke the **Holy Spirit** every day! To help elevate your physical and spiritual consciousness to the highest forms of prayer. Mental, interactive prayer, contemplative prayer grounded in the **Holy Spirit**. Mind body and spirit, meditation. Praying with all your mind, faculties, senses, and spirit. So the soul can find it's **lover** and rest in the perfect **Love of God!** The **Holy Spirit** wanted me to share with you that we can reprogram ourselves from our false world we created to protect ourselves; to a world of **love!** For when we awaken every day and take the time to rest in the **love of God;** as we pray and meditate, breathing in the 7 gifts of the **Holy Spirit**, we allow these great gifts of the **Holy Spirit** to transform us every day to receive our full inheritance as children of **God**.

The **Holy Spirit** will burn away our false self and tear down our internal walls. To change our bad habits into good habits and allow ourselves to be **loved** for who we are. God gave all of us special gifts that are just for us. To receive these gifts of **love** every day, one must choose to awaken anew/new beginnings and ask and receive the **Holy Spirit**. When we ask and receive the 7 gifts of the **Holy Spirit** every day; the **fire of love** burns away our false self we created from childhood to our adult hood. Everybody has a false self that we created, our human instinct is to protect ourselves, for the flesh will always do what it needs to do to survive. So **God** gave us two great gifts, our physical being and our spiritual being, the flesh and spirit, but the flesh, our physical being sees only what is exterior; until we awaken our spiritual being and die to self and surrender to the **Holy Spirit**. Allowing this great **love** and our pouring of the **Holy Spirit** to reveal the truth; so the flesh and spirit can become one. Then we live not by sight, but by what is unseen through the spirit of **love** and **truth**. **Perfect love from our father that is poured out through the Holy Spirit to all who "ask will receive" and be transformed.**

For: **Perfect Love casts out all fear (John 4:18)**. If we rest in the **love** of the **Holy Spirit** every day; you will become **love**; for when we receive **love**, we can give **love**. So why is it so hard to rest in the **love** of God? Because the flesh is in control and this great **love** is an interior **love** that awakens the spirit within us. This **love** is fleeting to the flesh, it comes and goes quickly because the flesh will not allow the spirit to have control. The spirit lives in a world of **love** and the flesh lives in a world of fear. If we live in our false world we created from our flesh; we listen to the world that tells us we are not enough. We get caught up in material things; money, our feelings and desires of the flesh. Fear, worry, and money become our motivation not **love**. **“Love** needs to be our motivation every day!”

Therefore, ask and receive the **Love** of the **Holy Spirit** every day and be transformed! Baptizing yourself every day by saying; **Heavenly Father pour the Holy Spirit into my heart in the name of Jesus your most beloved Son, Amen!** Think about it, what a way to start your day! So we become an instrument of **love** every day! I promise you if you ask and receive the 7 gifts of the **Holy Spirit** every day; you will look back as the months and years go by; you won't recognize yourself. Because it is no longer just yourself; walking on the road of life. You are now walking hand and hand with **God**. This is a promise from your Heavenly Father; as he calls all his children to come home every day and rest in his **love!** For when the flesh and Spirit become one; the soul can find its **lover**. This is what every person truly seeks from birth to death. This becomes a spousal union between the flesh and spirit, fused together by **the love of God!**

Let's pray for the out pouring of the **Holy Spirit**; pray every day and pray it forward to share this great **love** with all! We can have 20/20 vision, all we must do is ask every day and receive **the Love of the Holy Spirit**.

“Ask and you will receive, seek and you will find, knock and the door will be opened to you” (Lk 11:9-13)



Ask/Seek/Knock

“Ask, and you will receive, as children of God”

(eyes closed, breathe in) **Receive the Holy Spirit** (exhale)(1-3 times)

“Seek, and you will find, listen and you shall be consoled”

(eyes closed, breathe in) **Receive the Holy Spirit** (exhale)(1-3 times)

“Knock, and the door will be opened, as you walk with Jesus every day.”

(Luke 11:9,13cf)

(eyes closed, breathe in) **Receive the Holy Spirit** (exhale)(1-3 times)

In the name of Jesus, **Amen**

(Ascending and Descending the Mountain of God, next page)

Ascending and Descending the Mountain of God

The Flesh and Spirit, becoming one with God!



One must ascend and descend the Mountain of God, in order to enter the “**Cavern of Love**”. When one enters he no longer sees only with the eyes of the flesh but with the eyes of the flesh and Spirit, **perfect love**. One that ascends the internal mountain of god has been reborn; the false self has been consumed by the **flame of love!**

Enter through the narrow gate; for the gate is wide and the road is broad that leads to destruction and those who enter through it are many. How narrow the gate and constricted the road that leads to life, and those who find it are few (Mt 7:13-14).

Ask and receive the Holy Spirit.

Jesus fill me with the Holy Spirit

“Jesus lead the way”

(Martyrdom of the Heart and flesh see attached letter)

Ascending and Descending the Mountain of God Flesh and Spirit

In our humanity we are born into sin. From birth we learn everything from what we see, hear, feel and experience from life, through other people and things of the world. As we **ascend** the **mountain of God** we experience life more in our physical and outer being. We live by the rules of the World and the 10 Commandments to add balance to our lives. The two greatest commandments; **“you shall love the Lord your God, with all your heart, with all your soul and with all your mind.”** **You shall love your neighbor as yourself.**

We all start off in life **ascending** the physical side of the **mountain of God**. Very few reach the summit to cross over to the other side, which lies a whole new world in our spiritual being, our destiny as **children of God** with our **heavenly Father**. As we go up and down the one side of the mountain in our physical being we are seeking to fill this void in our souls, which can only be filled with the **fraternal Love of God**. As we start to awaken our spiritual being, we receive all 7 gifts of the **Holy Spirit** on the physical side of the mountain. We receive these gifts in the capacity that we are open to receive the **spirit of love** and **truth**. The Holy Spirit starts to reveal things to us to **burn away the false self we created**. Thus we can ascend higher on the **mountain of God** in our physical being, **we experience a spiritual renewal and awakening**.

As we reach the summit; the bridge that crosses over to the other side of the mountain; is the gift of **Fortitude** from the **Holy Spirit** that carries us to the other side. On this side lies a new world, for this is when our Physical and Spiritual being becomes one. The **flesh** and the **spirit bond with the soul**, that void in us is now filling with **perfect love** from our heavenly Father. We start to **descend the Mountain of God**. We now receive the 7 gifts of the **Holy Spirit** in a more **perfect love**, which is not attached to things of this world. We now see with the eyes of the **Spirit** and the **flesh** as we walk in the light of **love** and **truth**: as the **Holy Spirit** continues to **burn away our false self, Creating us anew every day**.

When we ask and receive the 7 gifts of the **Holy Spirit** every day we become **children of God**, giving freely to others what we have received from God. We begin to **live the beatitudes** and **take up the cross of sorrow and the cross of love every day**. It is no longer we who live, but **Christ** who lives in us. As we continue to **descend the Mountain of God**, it is only through daily prayer and the word of **God**, **our soul hears our Father calling to enter the narrow gate**, the **cavern of Love**. Very few find this gate. For all that exists here, is the **Love of God!** The souls that pass through the narrow gate, have died to self and live only for **God**. They will receive a little heaven on earth; through the love of the **Holy Spirit**. They will receive the greatest earthly treasure of all the **love of God**; in their physical and spiritual being, as the two become one with **God!**

“Martyrdom of the heart and flesh”

This is a spousal union between the **flesh** and **spirit**, so the Soul is no longer restless, it has found its **lover**. We are now walking with our Father, seeking and doing his will until he calls us home. We are now a messenger and a **servant for God**. We become **apostles of prayer** for the **love of Jesus** and the **Salvation of souls**, to become servants to all our brothers and sisters in the name of **Jesus!**

“As the father has sent me, I send you; Receive the Holy Spirit” (JN20:21-22) **“Pray, Pray, Pray”**

“Live to Love and Love to Live”

(Reflections and Prayers on the next pages)



Holy God Prayer

Holy God, send the **Holy Spirit** upon me, to open my heart so I may listen to the **Holy Spirit** through the word of God, and be led by the **Holy Spirit** on the way of the cross. As I walk with Jesus, I lift up my prayers for the Salvation of Souls and the Glory of God. So that I may not just see with my eyes, but with my heart and walk with the **Holy Spirit**, “The Spirit of **Love** and **Truth**..” So that my flesh and Spirit may become one with your will! “**Father not my will, but your will be done**, (Luke 22: 42)
Into your hands I commend my spirit (Luke 23:46) **In the name of Jesus,**
your most beloved son, Amen.” (John 14:4,6,14 cf)



Peter's Prayer/Feed My Sheep

Receive the Holy Spirit

Let us profess our love for Jesus, just as Peter did three times. (optional pray 3 times)

We proclaim, Father to whom shall I go? You have the words of eternal life. I have come to believe and I am convinced that you are the Holy One from God (Jn 6:68-69)

“**Whom shall I send? Who will go for us?**” “Here I am, send me Father,” (Is 6:8)
pour the Holy Spirit into my heart (Rm 5:5) So I may return love for love in the name of Jesus, your most beloved son.(1Jn4:7, 12cf)

“**Jesus asks you, child of Abraham, Isaac, and Jacob**, (Gal 3:26,29 cf) **do you love me!**”
“Father you know everything, you know that I love you”, **feed my sheep** (Jn 21:17cf)
Come follow me, As the father has sent me, I send you:
Receive the Holy Spirit.” (Jn 20:21-22 cf)

(Eyes closed, Breathe in, **Receive** exhale **the Holy Spirit**) (3times)

Forgiveness and Mercy

(The way of the cross/The cross of sorrow and love)

“Receive the Seven Gifts of the Holy Spirit”

Jesus is condemned to death; in fulfillment of the scriptures, to make the greatest and final sacrifice of Love, for the sins of the world.

(eyes closed Breathe in, **Wisdom** exhale) (3times)

Jesus bears his cross; so we can be reconciled to God, as children of adoption.

(eyes closed Breathe in, **Love of God** exhale) (3times)

Jesus falls for the first time; when we fall let us rely on God and the way of the Holy Spirit that leads to the kingdom of God; not on the things of the flesh that belong to the world that will perish.

(eyes closed Breathe in, **Knowledge** exhale) (3times)

Jesus falls for a second time; may we persevere when life gets hard, and stay the course on the path of righteousness, to give glory to God in all that we do.

(eyes closed Breathe in, **Counsel** exhale) (3times)

Jesus falls for the third, and final, time; when we fall throughout our life; let us remember what Jesus said to the Apostle Paul; “My Grace is sufficient for you, for power is made perfect in weakness.”

(eyes closed Breathe in, **Fortitude** exhale) (3times)

Jesus is stripped of his garments; remember when we are stripped of the things of the flesh that belong to the world. We have our soul that belongs to God give to God what is God's, with a humble and contrite heart.

(eyes closed Breathe, **Understanding** exhale) (3times)

Jesus is nailed to the cross; may we always remember how much Jesus suffered for us, so we can be one with him through the resurrection and receive the Holy Ghost.

(eyes closed Breathe in, **Piety** exhale) (3times)

Jesus dies on the cross: “My God, My God, why have you forsaken me.” (Mk 15:34,39 cf) “Father, forgive them for they know not what they do.” (Lk 24:34) “Jesus says to his mother “Woman behold your son.” To his beloved, “Behold your mother.” (Jn 19:26,27 cf) “It is finished, Father, into your hands I commend my spirit” (Mt 27:50cf)

(eyes closed Breathe in, **Wisdom** exhale) (3times)

“For the love of Jesus,” “and the salvation of Souls.” (3times)

(Breathe in)

(Exhale)

(add your own mantra)

Resurrection of Jesus and the descent of the Holy Spirit

“Speak Lord for your Servant is listening” (1SM 3:9)

“As the Father has sent me, I send you, Receive the Holy Spirit (Jn 20-21-22)

(Eyes closed, Breathe in, **Receive the Holy Spirit** exhale) (3times)

In the name of Jesus, **Amen**



Awaken Anew Everyday

Father I lift up my prayers to you, along with (name) and all those who call out to you; with your love heal the soul and mind; from the sins of thy flesh; for my spirit longs for your **love** every day. **Help me to listen; for you call me every day to awaken anew; to be transformed daily** by the **love** of the **Holy Spirit**, the Spirit of “**Love**” and **Truth**.

As I walk with the **Holy Spirit** and rejoice in the flesh for the Gift of Life; as the flesh and the spirit become one within, in union with **God**; the **Father** and **Son**! **May all my prayers and actions today be for The Salvation of Souls and the Glory of the Kingdom of God. AMEN**



Fire and love/Rebirth, Our Father Prayer

Heavenly Father, let this prayer be an act of love and contrition for the forgiveness of our sins. To prepare us to receive the living body and blood of your most beloved son. For the Love of God has been poured out into our hearts through the Holy Spirit that has been given to all. So we will be consumed with the fire of love and truth, to be reborn; anew in the image of your “**beloved son Jesus Christ.**” (Romans 5:1-5cf) We dare to say, Heavenly Father, hallowed be your Name, your kingdom come, your will be done, on earth as it is in Heaven. Give us today our daily bread, and forgive us our debts, as we forgive our debtors; and do not subject us to the final test, but deliver us from the evil one **Amen.** (Matthew 6: 9-13 cf)

(Eyes closed, Breathe in, **Receive** exhale **the Holy Spirit**) (3times)

Apostles of Prayer/Daily Consecration

By doing the vow of consecration; giving of yourself freely, for the **Love** of **God** and the salvation of souls. **God** is rejoicing in heaven, because you are giving of your own free will; an act of true **love**. **God** has **Grace** upon **Grace** to give you, so embrace the gifts of the **Holy Spirit** you receive from him and give freely to others what **God** has given to you. So if you wish to become an **Apostle of Prayer**, you will become one. **“For we are all called; as children of God”**.



(Close your eyes) **“for the love of Jesus,”** (Breathe in) **“and the salvation of souls.”** (Exhale) (3 times, or more if needed)

(Apostles of Prayer/consecration) I **love** you Jesus with all my heart, I offer all my prayers for the salvation of souls, the conversion of hearts, the gift of life and the right for life, for all people who have no one to pray for them. For our priest and vocations to the priesthood. To my beloved Jesus, I offer all I am and all I will be for your Glory; your **Love**; may your will always be done Lord, not mine. May my heart always be yours; to be a servant to all, along with all the graces and gifts you give me; may I give them freely to others. Help me to pray every day, for you are the source of prayer, may my soul always proclaim the greatness of the Lord; though **Faith, Hope, and Love**. Grant me the **Love, Protection, and Guidance of the Holy Spirit** as we serve and **Love our brothers and sisters as Apostles of Prayer; “In the name of Jesus, Amen”**

(Close your eyes, Breathing in) **“for the love of Jesus,”** (exhaling) **“and the salvation of souls.”** (Three times)

Have Mercy on me, **God**, in your goodness; In your abundant compassion blot out my offense. O wash me more and more from my guilt and cleanse me from my sin. My offenses truly I know them; my sin is always before me. Against you, you alone, have I sinned; what is evil in your sight I have done. Indeed, you love truth in the heart; then in the secret of my heart teach me wisdom. O purify me, then I shall be clean; O wash me, I shall be whiter than snow. From my sins turn always your face and blot out all my guilt. A pure heart create for me, **O God**, put a steadfast spirit within me. Do not cast me away from your presence, nor deprive me of your **Holy Spirit**. Give me again the joy of your help; with a spirit of fervor to sustain me that I may teach transgressors your ways and sinners may return to you. O rescue me, **God**, my helper, and my tongue shall ring out your goodness. **Father, open my lips and my mouth shall declare your praise, do not spurn a broken and humbled heart.** (PS:51,1-17cf) In my silence I find the living and beating **heart of Jesus**. May **God** look upon me today as I pray and see his beloved Son in me, and be pleased to grant me the keys to the kingdom of Heaven today, so that I may go out today and return **love for love**; through the out-pouring of the **Holy Spirit** to transform me; so that I may be one with the Divine Will of **God**, as I cry out,

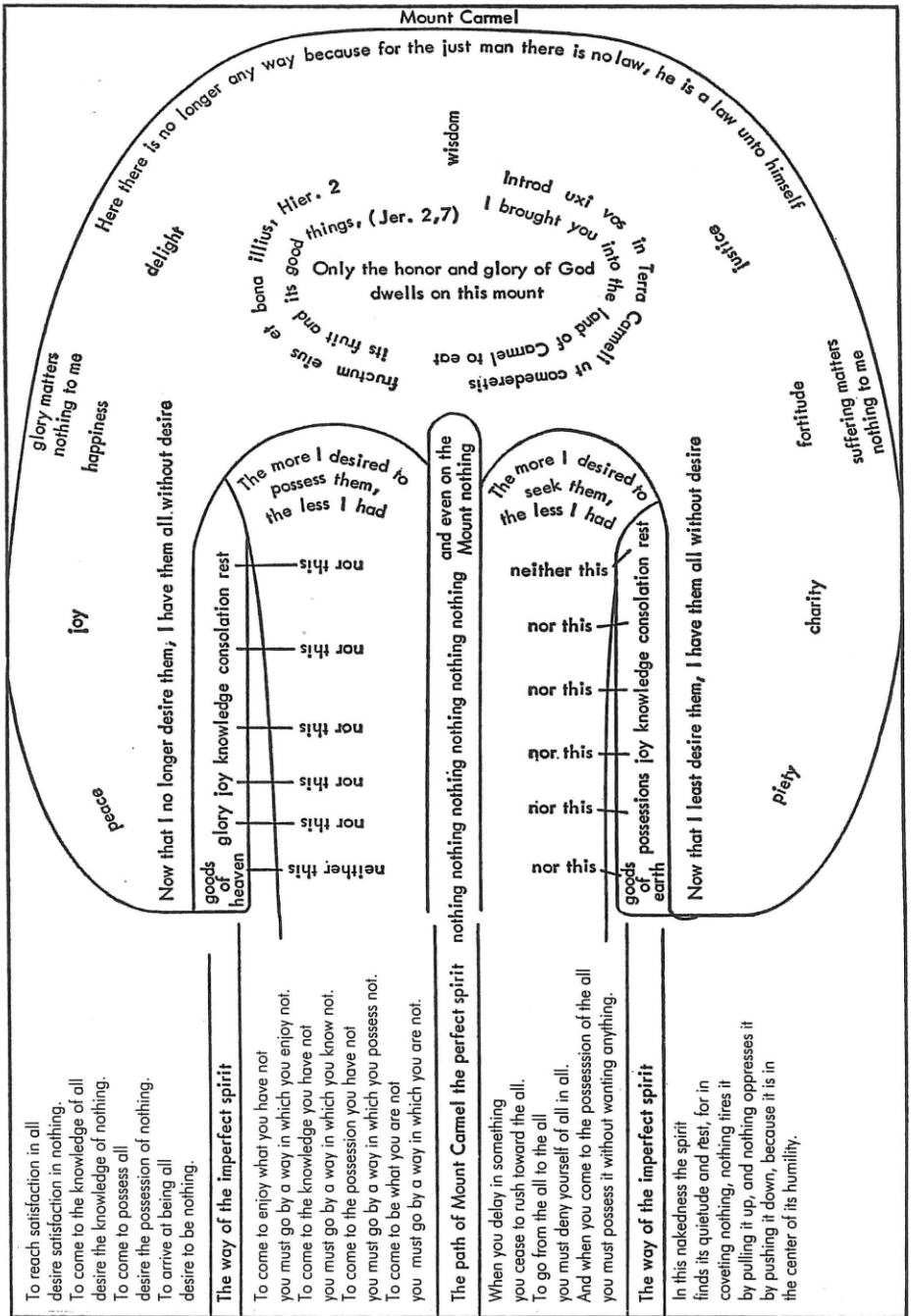
“Speak Father, for your servant is listening.” (1 Sam3:9 cf)

Here I am, send me!” (Is 6:8 cf) **“In the name of Jesus Amen”** (John 14: 4, 6, 14 cf)

(Close your eyes, Breathing in) **“for the love of Jesus,”** (exhaling) **“and the salvation of souls.”** (Three times)
(add your own mantra)

Mount Carmel / The Mount of Perfection

By Saint John of the Cross



Ask and you shall receive the gifts of the **Holy Spirit**. Take up the cross of love and begin a new journey every day! **“Our Father Calls Out”** “Whom shall I send? Who will go for us?” “Here I am, I said”
“Send me!” (Isaiah, 6:8)

The Call to Pray

We are called to **Pray, Pray, Pray!** In the name of Jesus,
“Amen”
(John 14: 4,6,14)



Crown of Victory
Prayer and the Word of God
“The Keys to the Kingdom of Heaven”



Apostles of Prayer
Prayer Warriors

“I am the voice of one crying out in the Desert,
Make straight the way of the Lord” (John 1:23)

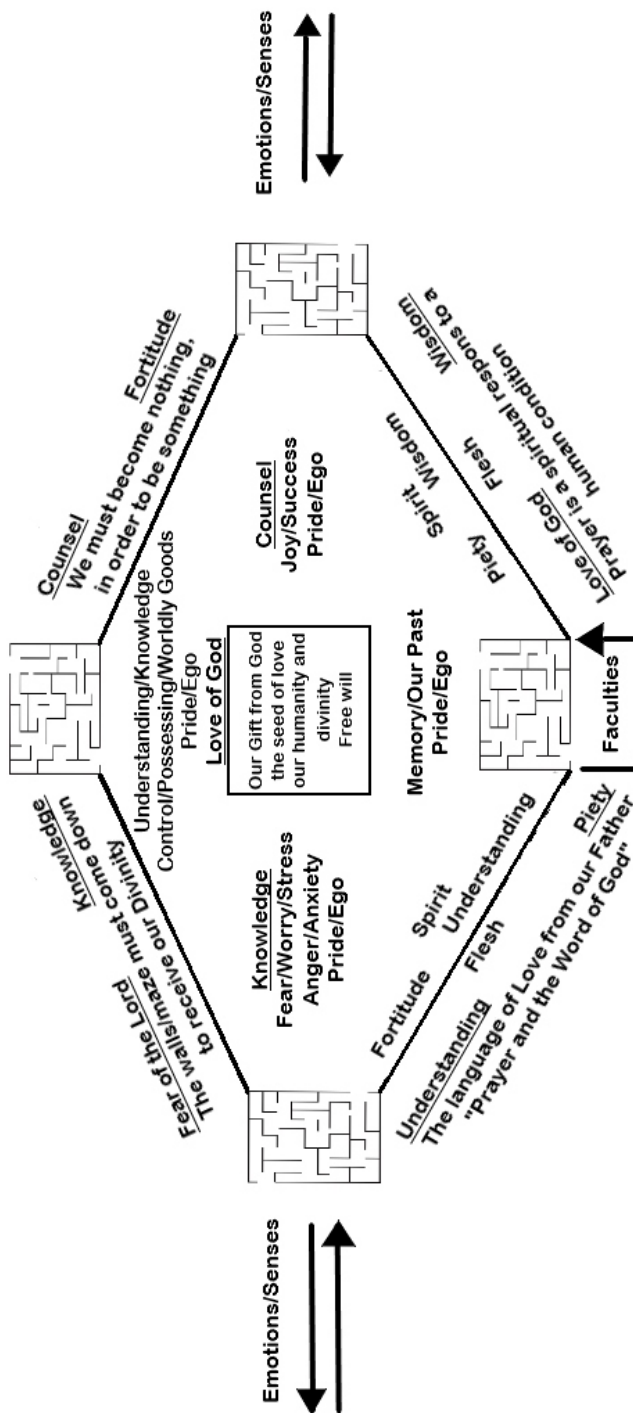
'The Call to Pray'
1/1/09

Remember!!
Who Loves ya Baby!!!

Jesus

**Flesh & Spirit
Humanity/Divinity**

From birth we start building a maze of protection through our false self. Our true self only comes forth through the Holy Spirit



This is a picture of our human mind, self created with many walls, a maze of complexity. Only through prayer and the word of God, the wall can come down. To awaken anew everyday filled with the Spirit of Love and Truth. So the soul may find it's lover. To become equally mature physically and spiritually. To become evenly yoked, fully human and divine, returning love for love

Prayer Book/The Day the World Changed

This is a brief overview of the books *The Day the World Changed* or *Our Lady of Life*. The Holy Spirit is **Calling us to Pray**; to immerse ourselves in a deeper union and Love with Jesus through the complete passions and Life of Jesus; who sends the Holy Spirit upon us to open our hearts so we may listen to the Holy Spirit through the word of God and be led by the Holy Spirit through **The Life and Passions of Jesus**, as we offer up our prayers for the Glory of God, and the salvation of souls.

My hope and prayer is that **The Life and Passions of Jesus Prayer** will help you go into a deep meditative prayer, walking with Jesus, from conception to Resurrection, the Life and Passions of Jesus. Opening your mind up to interact with the living word of God, so you can travel from the mind to the heart where you will find Jesus waiting for you. He loves you so much and calls you to come home! There is no wrong way to pray if it is from the heart, for **Love** is perfect, it bears all things, believes all things, hopes all things, endures all things, **Love** never Fails! (1 Corinthians 13:7-8). So I hope that when you read and pray about the Life and Passions of Jesus you will realize that it is for all people who **love** Jesus. That you will see all of the Meditations and Prayers on **The Life and Passions of Jesus** comes from scripture passages in the Bible, along with the perfect prayer from Jesus, (Matthew 6:9-13) The Our Father Prayer, along with the O my Jesus prayer; that is made up from scripture passages to praise God in prayer. So Pray, and give to God what is God's, **“Yourself”!** **Peter the Apostle said it right, “Master, to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy one from God”!** (John 6:68-69)

Let me share a brief history on my walk of faith. My life before the age of 38 was only lived in the flesh, seeking all the world could offer to fill this void in me. This drove me to the extremes of seeking fulfillment and happiness through lust, sexuality, money, success, material possessions and the final vice to fill this void was drugs; which left me homeless and addicted to drugs. So no matter what the world or flesh would offer to fill this void within my soul, it would never be enough, leaving me even emptier; knowing deep within myself there has to be more to our lives than what the world can offer. The answer to this call that comes from within is The Gift of Love, the Holy Spirit dispensed through grace; puts us on the path of light, seeking truth, righteousness, and the call to be a servant to all. Hence, filling that void in us; to love God and our brothers and sisters as our self. Nothing on Earth can fill that void in our souls, only grace, the gift of love from God!

My spiritual journey to answer this call from within began with my first experience with spirituality when I became a Catholic at 25 years old, but for all the wrong reasons at the time. My wife was Catholic and wanted to get our marriage blessed in the church. To me it was just another wedding celebration, we were already married. Her family knew a priest who allowed me to join the formation class that was just finishing up, preparing to come into the Catholic faith on Easter.

Being Catholic to me was just a name. If someone asked what Faith I was, I could say Roman Catholic. But I will say, it did plant a seed. I had numerous encounters with God as I felt his call and influence leading me during my life from age 25 to 38, when major cross roads came up in my life. The day that I died to myself and said yes to the will of God to walk in my faith, started during my conversion in 1997 at a weekend Cursillo encounter, at St. Ambrose Catholic Church in Tucson, AZ. The Holy Spirit tore down my walls of self-love, pride, fear and exposed my heart to the beating of the Eucharistic heart of Jesus. Truly these words are true, when the Holy Spirit touches your heart; the truth shall set you free! This was the turning point in my life when I truly came home to the love of God which filled that huge void in my life.

The soul that truly loves God does not resign itself to waiting for heaven in order to be united to Him, we can have Heaven on Earth. This is a gift from God the grace that comes forth through his beloved Son, the Holy Spirit that will lead us and sustain us as we call out and proclaim our **“yes”, speak Lord for your servant is listening** (1Sm 3:9); to seek and do your will. Only thru God can we have a taste of Heaven on Earth; God wants to give you this gift of grace. Is it possible? **Yes, Jesus has said: “If anyone loves me, he will keep my word, and my Father will love him; and we will come to him and will make our abode with him”.** Our Lord himself tells us in these words the condition for living united to him: **Love.** **“He that abideth in charity abideth in God and God in him.”** Love is the great power which unites us to God even in this life. **“Heaven on Earth”**

Let me share with you one last thing that has happened recently on the completion of the book cover, **The Day the World Changed, The Call to Pray;** which use to be **The Life and Passions of Jesus.** Which came to be during my visit with my in-laws in Florida for the New Year's Holiday, when I was in prayer on New Year's Day 01-01-09 the new book cover, **The Day the World Changed, The Call to Pray** was revealed to me; through a scripture passage. (John 1: 23) **“I am a voice of one crying out in the desert The Call to Pray; make straight the way of the Lord.”** That moment I knew this was the new book cover and the completion of the book from The Holy Spirit. Have you ever just felt I Know? Because I know, you can feel this truth unveiled to the deepest parts of your soul. It is so powerful and awesome, you can't truly describe this feeling with words alone, and you only can truly understand this experience within yourself; becoming Christ conscious. For the word of God is living and effective, sharper than any two-edged sword, penetrating even between soul and spirit, joints and marrow, and able to discern reflections and thoughts of the heart (Hebrews 4:12-13)

The fascinating part about this is the fact that The Holy Spirit put into my heart the prayer; **The Life and Passions of Jesus** back in 9/11/01. Did you notice the completion of the book and cover came on 1-1-09, which is 911 backwards. We also celebrated our 8-year anniversary on 9-11-09 which is also 911 forwards and backwards. Another date that comes up is 9/11/19 which is also 911

forward and backwards. The year to follow is 2020, twenty-twenty vision. I can see clearly now, for the truth shall set us free. Fascinating how all these dates over the years seem to come together. We had a dedication and memorial services on 9/11/09 at Holy Family Catholic Church in Tucson AZ. Donating an 8' statue of **Our Lady of Life, The Call to Pray** for the Gift of Life and the Salvation of Souls, in memory of and dedicated to all the souls and survivors of the 9/11/01 tragedy.

This date that has come up in prayer 10 years ago 9/11//09 and now it is 9/11/19 which is 9/11 the day and 9/11 the year forwards and backwards! Based on the flesh and human standards these are the numbers that represent the need for urgent response (emergency) to the call to pray. The year to follow is 2020 can we see clearly now! If you have ears to hear, you ought to hear, harden not your hearts, for wisdom is vindicated by her works! For I am the voice of one crying out in the desert, make straight the way of the Lord! With that being said I didn't know why or what these dates may bring forth, for I am just a messenger passing along **The Call to Pray** and the **word of God!**

For this reason I kneel before the Father, from whom every family in heaven and on earth is named, that he may grant you in accord with the riches of his glory to be strengthened with power through his spirit in the inner self; and that Christ may dwell in your hearts through faith; that you, rooted and grounded in love, may have strength to comprehend with all the holy ones what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. (Ephesians 3: 14-19) So are the dates I mentioned a Coincidence or God Coincidence, you decide.

Remember!!
Who Loves ya Baby!!!
Jesus



The Sacred Heart of Jesus The Call to Pray



Apostles of Prayer, answering The Call to Pray

This is a brief introduction to the prayer book **The Sacred Heart of Jesus, order of Apostles of Prayer for the Laity**. For all the common, ordinary people, the Laity who form the body of the church in our Community. The Apostlet was set up to help us grow our love for the Father and Son; who sends fourth the gift of love, the Holy Spirit for all.

We must seek every day to: **“be perfect just as our heavenly father is perfect”** (Matthew 5:48), **“be holy just as our heavenly father is holy”** (Leviticus 19:2), **“be merciful just as our heavenly father is merciful”** (Luke 6:36). For we are all children of God, we must emulate our heavenly father through his beloved son Jesus. **The Order of the Apostles of Prayer for the Laity is not to be governed by man, but by the Holy Spirit within each one of us. The Order of the Apostles of Prayer is only suggested prayers and guide lines that were put together under the inspiration and guidance of the Holy Spirit. Personally I seek and want nothing more than to share my love for my heavenly Father with all of my brother and sisters. So that you may grow in your love and services; as you receive the gift of love every day, through the Holy Spirit! This Aposlet was put on my heart seven years ago and only now; I come forth by the guidance of the Holy Spirit to share “The Call to Pray,” so that all may grow and learn the power of prayer! With that being said the rule and formation of the Apostles of Prayer is just a starting point for all. For prayer takes on many forms and everybody has different gifts; for what we have received freely we are to give freely to others. So pray every day and listen to the Holy Spirit every day and your life will never be the same; for you will be a prayer warrior for our Heavenly Father. “Prayer will change the world!” For we are all called to be apostles of prayer. By asking for the Holy Spirit and breathing in the gifts of the Holy Spirit every day, and taking up the cross of love every day, we are giving God what is his, our love and “returning love for love.”**

For our Father will lead the blind on their journey, “By paths unknown I will guide them. I will turn darkness into light before them, and make crooked ways straight. These things I do for them, and I will not forsake them! You who are deaf listen; you who are blind look and see! Who is blind but my servant, or deaf like the messenger I send?” (Isaiah 42:16, 18, 19) **“For all my children that hope in the Lord and ask, they shall receive. They will renew their strength, they will soar as with eagles wings; they will run and not grow weary, walk and not grow faint.”** (Isaiah 40:31) For all those who feel called to deeper prayer and contemplative prayer; you will become **prayer warriors** for The Sacred Heart of Jesus; who sends forth the **Gifts of the Holy Spirit**.

Let us put on our spiritual armor, as **prayer warriors**. Put on the Armor of God, stand firm in the truth, and let righteousness be your breast plate, hold faith as your shield from God; to quench all the flaming arrows of the evil one, with the helmet of salvation from his beloved Son; Jesus, and the mighty sword; the word of God that is revealed through the gifts of the Holy Spirit. Let the Father, Son, and Holy Spirit be a light to your feet as you walk in the world on the path of righteousness; to love and help lead others to the Kingdom of God. Let's go out today and battle the things of the flesh, as you walk in the spirit to seek and do the will of God. Live and walk in your faith and others will follow. Prayer is the spiritual backbone of the church, **Pray, Pray, Pray, for Prayer will change the world.**

The Apostles of Prayer is an answer to “**The Call to Pray**”, giving the laity the opportunity to embrace the word of God through **study, piety, and putting action** to their faith on a daily basis. The laity are like lost sheep, wanting to respond to “**The Call to Pray**”. People will always respond and embrace some kind of structure that helps them clearly know what they must do in order to ground themselves in the word of God and prayer. So like red hot coals in a fire, that put forth the greatest amount of heat, then fire comes forth; in the same fashion we ground ourselves in the word of God and prayer, we fortify and sanctify ourselves in the body and blood of Christ. We become those red hot coals, we catch on fire, with the flames of the Holy Spirit, to go forth in our daily lives, loving our brothers and sisters and sharing the **Gift of Love** for the **Salvation of Souls**.

When you take the vow to embrace “**The Call to Pray**”, grounding yourself in prayer and the study of the word of God daily. God will truly transform your life putting action to your faith, for God truly is calling us to be prayer warriors. To go out as **Apostles of Prayer** for the salvation of souls; to embrace the gifts of life, to help lead others to eternal life in the Kingdom of God, with the **Father, Son, and Holy Spirit**. The foundation of the **Apostle of Prayer** is sacrifice, prayer and the living word of God; reading the daily scriptures, meditating and praying on them to go out and live our faith in all of our daily duties. (**pray on Hebrews 4:12-13, and John 20:21,22**)

Apostles of Prayer has been set up to help you grow in your love and devotion for Jesus, Our Savior, sending forth the gifts of the Holy Spirit. Telling us to immerse ourselves into the Life and Passions of Jesus through the word of God, as you pray the 14 Passions of the Cross invoking the Gifts of the Holy Spirit daily and praying The Life and Passions of Jesus from conception to resurrection, every Saturday as devotion for the **Gift of Life** and the **salvation of souls**.

This apostolate of prayer was not set up to add additional burden to anyone's already busy daily schedule. All that is required is love for Jesus, our Savior, and all our brothers and sisters; with a deep desire to pray and give back to others what you have received freely from God!

In order not to be unfaithful to the grace of the apostolate, three cautions are particularly necessary. First of all, one must always seek and take great care for humility, defending oneself against the flattering voices of praise and success. If Lucifer, an Angel of God fell from heaven, it will be easy to believe an apostle too is subject to such a fall; being man and weighed down by sin and temptation. The second thing required would be constant vigilance which is necessary, to maintain intimate contact with God, for just as iron becomes red hot and glows only when it is in contact with fire, so the apostle radiates the divine light and warmth only if he keeps himself united to God who is their only source.

Lastly, it is of the greatest importance to persevere in perfect detachment from one's own will and judgment. In regard to this, St. John of the Cross warns us that among the many wiles used by the devil to deceive spiritual persons, the most ordinary is that of deceiving them under an appearance of what is good, not under an appearance of what is evil: for he knows that if they recognize evil, they will scarcely touch it”

Therefore, in order not to fall into his snare, Saint John of the Cross warns us never to undertake any action “however good and full of charity” it may seem to be, without the sanction of obedience and guidance of our spiritual director. This advice is good not only for religious but for all who work in the apostolate, because all should be submissive to the body of Christ our church and its authority.

The **Apostles of prayer** is calling you to pray every day. I can promise one thing, if you take on this vow of obedience to pray and serve others, God will surely transform your Life! We are all called to be apostles, for we all are different and we all have our own special gifts. God made us and Love's us. Remember you are perfect today, and exactly where God wants you today. When you are seeking and walking today in the will of God to Love your brothers and your sisters and to give freely to others what God has given to you; through **grace**, the gift of **Love** for the Salvation of souls.

So let me warn you about some of the traps of the evil one, “**The Devil**”. When you miss a prayer time, don't punish yourself; just acknowledge to God that you need his help when things get very busy during the day. It is hard sometimes to stop during the day or at 3:00pm “The hour of passion for Jesus” or if you miss your morning or evening prayer or if you don't have time; due to your work schedule on any given day, just pray to yourself, “I Love you Jesus and I offer all I do today for the salvation of souls”, or; reciting this mantra: breath in, **for the love of Jesus**, exhaling **and the Salvation of Souls**. I personally find this mantra very helpful during the day when things get crazy! Through the years I found that setting my cellphone alarm for 12 noon and 3 pm really helped me during the work day. It never seems to fail, that I always seem to be my busiest around my prayer times. When my alarm goes off and I see that it is Jesus calling it brings great joy to my heart and soul. The greatest part about setting your cell phone alarm is that

you will never forget to acknowledge your love for God throughout the day. People ask me when my phone rings and I don't answer, who is calling? And I answer **Jesus**. Most times I get a smile, sometimes a blank stare; many times it strikes up a conversation about God, faith, spirituality, and prayer. So remember, it is in the small acts of faith we make on a daily basis that often bring the biggest impact to our life and others around us. Prayer will change you and the world around you. **For prayer is a spiritual response to a human condition.**

There is no doubt you will miss times to pray in fact, there has not been one week that I personally have completed all prayer times, I either couldn't complete due to distractions or I fell asleep. The key is to never get discouraged or give up, let this be a reminder; our flesh is weak, and we can do nothing without God, for all things are possible with God.

Seek humility and service, for Jesus calls us to be a servant to all! **So always remember just your love, desire, and intentions to pray is a beautiful prayer in itself; that ascends to heaven for love and Glory of God and the salvation of souls. For we are of the flesh and not perfect; but our hearts can be perfect with the Love and Desire to praise and Love God and all our brothers and sisters in service and prayer.**

God knows your intentions and your heart so don't let the "devil" use **Guilt** to stop you from praying. Remember, your faith belongs to you, it is a gift from God and nobody can take your faith, so rejoice and **always rely on God!**

The next one would be **Envy** the devil loves this one. Wanting what someone else has or comparing your spirituality with someone else's spirituality, remember we are all different but we all have our own gifts, embrace what God has given you, and always remember you are exactly where God wants you today, so go out and **love and serve God today.**

The next would be **Pride**; you must always be on watch; for pride can go undetected. Make sure you are praying every day, reading and meditating on the word of God. Pray every day for a heart of love and service, seek humility, obedience to God, and for Gods will to be done in your daily life today as you go out into the world to **work and serve God.**

Christian prayer is to be uniquely bold and courageous! It is to be persistent in the face of what may seem like God's lack of response. We are never to lose heart, but be ever-confident and trusting that the Father hears and answers all who come to him. And he grants the extraordinary gifts and the help of the Holy Spirit, to those who ask him. Make sure you put on your spiritual armor and pray for God's divine assistance every day, to seek his beloved Son Jesus, that you may see Jesus; in all things and all people today.

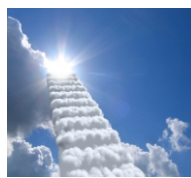
Give freely to others what God has given to you! Saint Theresa says it well when she encourages us; **Let nothing disturb you. Let nothing frighten you, all things pass away, God never changes, patience obtains all things; he who has God finds he lacks nothing; God alone suffices.**

We must not believe that because we have taken a vow of obedience to the apostolate or dedicated ourselves to religious works makes us better than anyone. “Give to God what is God’s” If the coin which bears the image of Caesar should be restored to Caesar, with much greater reason should our soul, which bears the image of God, be restored to God. To say that we must give our soul to God is to say that we owe him everything. To fulfill our duties toward our neighbor, toward our equals or our inferiors, is to fulfill our duty toward God; it is to restore to Him everything He has given us, by submitting our freedom to His law, by putting our will in the service of His will. It should make you realize your nothingness, that God has granted you grace and the gift of love to serve and to give freely to others. You are called to be a servant to all! Remember love never takes; it always gives so if you are taking, it is not love. **Love, is perfect; NEVER FAILS.**

There is no wrong way to pray if it is from your heart, for love is perfect, it bears all things, believes all things, hopes all things, and endures all things. (1-Corinthians 13:7-8) Brothers and sisters: if you are guided by the spirit; you are not under the law; the fruit of spirit is Love; against such there is no law. Now those who belong to Christ Jesus have crucified their flesh with its passions and desire.

Let us plant seeds and water them with prayers, God will make them grow. To become an **Apostle of Prayer** with **The Sacred Heart of Jesus**, all that is required is to pray every morning and during the day; when you feel the burdens and pressures of the world, to call upon our heavenly father for help! By reciting 3-times this mantra: breathing in “**for the love of Jesus**,” exhaling “**and the salvation of souls.**” By doing the vow of consecration; giving of yourself freely, for the Love of God and the salvation of souls; God is rejoicing in heaven, because you are giving of your own free will; an act of true love. God has Grace upon Grace to give you, so embrace the gifts you receive from him and give freely to others what God has given to you. The daily consecration for the **Apostle of Prayer** and the **Salvation of Souls**. So if you wish to become an **Apostle of Prayer**, you will become one. “**For we are all called; as children of God**”.

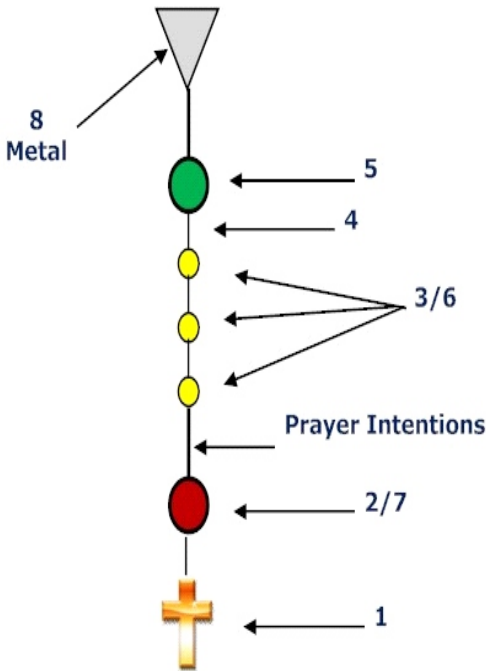
Remember God wants to give you so much; but He only can give you what you can receive at that moment, so allow God to increase and you to decrease as you walk on your journey of faith with Jesus Christ Our Savior. Be patient and God will transform your Life, for all things are possible with God. This was a brief overview, to receive the book on **Apostles of Prayer**, go to our website at www.call-to-pray.com, www.OurLadyofLife.net or Email: childsgary59@gmail.com.



Holy God Prayer

Prayer: **To receive the Gifts of the Holy Spirit**
(How to pray with Prayer Beads, Optional)

Holy Spirit Prayer Beads



1. Pray/in the Name of Jesus.
2. Our Father Prayer
3. Holy God prayer, on each of the three beads.
4. Oh My Jesus Prayer.
5. Announce the first Gift of the Spirit, then Proceed to #6.
6. Mantra: For the Love of God, then breathe in the Gift of the Holy Spirit. (say 1 or 3 times) Proceed to bead 7,
7. Announce the second Gift of the Spirit. Going back and forth between bead 5 and 7 to complete all 7 Gifts of the Holy Spirit. The 8th, 9th, and 10th prayer is your Prayerful desire to walk with Christ today.
8. Continue on using beads 5,6,&7 to pray the beatitudes and the way of the cross. Closing prayers on the metal #8

You start with the four opening prayers, then you proceed to bead #5, the first gift of the Holy Spirit. Then to bead #6, a prayerful Mantra after each Gift of the Holy Spirit, breathing in the Gift of the Holy Spirit after each Mantra on bead #6 (prayed three times) for deeper prayerful meditation. You go back and forth between beads #5, #6 and #7 saying the three mantras on bead #6 to complete **Holy God prayers**. Which are the three prayers to make the Holy God prayers, or pray one or two of the prayers, any combination.

You don't have to use Prayer Beads; you can just meditate on the prayers listed on pages 10-18.

Prayer books can be ordered on our web-site

www.call-to-pray.com or www.ourladyoflife.net or Email: childsgary59@gmail.com



*Loving Hands of Healing Hope is a non-profit foundation that raises funds to provide integrative healing, spa, and cosmetic services - **free of charge** - to women and men undergoing treatment for cancer. Our mission is to assist patients who would not otherwise consider these services - services that help them achieve balance, relaxation and added self-esteem while they go through the difficult side-effects of chemo therapy and other invasive treatments. Get additional details on our website: www.lhohh.org. If you are a cancer patient, please contact us for additional information or to make an appointment to receive a complimentary service of your choice.*

The Call to Pray for mind, body, spirit, mental meditative prayer. To support Loving Hands of Healing Hope and The Call to Pray. You can help by making a tax deductible donation to the foundation today.

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Loving Hands of Healing Hope
6827 E. Camino Principal, Tucson, AZ 85715

Faith Hope Charity Pray Pray Pray



Prayer will change the world

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